

# More Resilient Minnesota

## *Collaboratively Honoring & Healing Communities*

### Phase 4: Community Resilience Plans & Initiatives



Phase 4: Collaboratives' communities will move from understanding neuroscience, epigenetics, Adverse Childhood Experiences (ACEs), and resilience research to action planning for possible community responses. Wisdom gathered in Phase 3 from Community Resilience Conversations and one-on-one interviews using the *100 Cups of Coffee Interview Tool* plus local data will guide Community Resilience Plans and Initiatives.

#### **What are Community Resilience Plans?**

The [Community Resilience Plan](#) is a living document to help Collaboratives identify local goals and priorities for concentrating efforts that will put awareness into action for addressing ACEs and promoting protective factors in Collaboratives' communities. These plans will incorporate leadership expansion, community collaboration, shared learning, and results-based decision making. Qualitative data from **at least 50** unique community members who participated in the Community Resilience Conversations and/or one-on-one conversations (using the *100 Cups of Coffee Interview Tool*), along with local quantitative data, will shape the focus of the Community Resilience Plans.

#### **Primary Goal Areas of the Community Resilience Plans:**

- Enhance community collaboration & capacity
- Implement strategies to enhance protective/resilience factors & prevent/reduce ACEs

#### **The Community Resilience Plans will be informed by:**

- **NEAR Science** – Neurobiology, Epigenetics, Adverse Childhood Experiences, & Resilience
- **Qualitative data** that represents a diversity of at least 50 community voices - including populations most affected by ACEs & people representing multiple sectors of the community, such as local schools, public health, law enforcement, mental health, congregations, community groups, & agencies. This data will emerge from Community Resilience Conversations and/or through one-on-one interviews using the *100 Cups of Coffee Interview Tool*
- **Quantitative data** related to risk & protective factors for children, youth, & families
  - Collaboratives will receive a customized Fact Sheet with Minnesota Student Survey ACEs & protective factors data with their community's information
  - Collaboratives may also consult data from a variety of local & state sources, such as out of home placement data, disparity data, Search Institute data, census data, child protection reports, early childhood data, health care data, Children's Mental Health GAPS Analysis, Kids Count data, & *Annual Collaborative Reports*

#### **The Community Resilience Plan will Guide the Collaborative to:**

- Incorporate the priorities of multiple sectors & communities, including people most impacted by ACEs
- Integrate policies & practices based on NEAR Science

- Select representatives of the Community Resilience Planning Team (core planning team of **at least 3** members) who will help inform & champion the ongoing community resilience planning process
- Enhance community collaboration & capacity
- Identify strategies to enhance protective/resilience factors & reduce ACEs

### **Developing the Community Resilience Plan**

The Collaborative Coordinator and local Community Resilience Planning Team will complete the Community Resilience Plan. This plan should reflect priorities of **at least 50** Collaborative representatives, partners, and community members, including those who provided input at Community Resilience Conversations and/or one-on-one interviews using the *100 Cups of Coffee Interview Tool*. The plan may connect with the Collaborative's current strategic plan or some Collaboratives may even choose to adopt and approve this plan as the strategic plan for the Collaborative.

For more guidance about completing the plans and to download the plan template, [visit this link](#).



### **What are Community Resilience Initiatives?**

The Community Resilience Plans can be used to generate a pilot project or potential program to propose as a Community Resilience Initiative. As part of Phase 4, eligible Collaboratives can apply for seed or startup funds from DHS to support the Community Resilience Initiatives that are outlined in their Community Resilience Plans.

This DHS funding will prioritize Collaboratives that have completed a Community Resilience Plan and fully participated in Phases 1 – 3 of More Resilient Minnesota. The Community Resilience Plan will accompany the application for funds to support the Community Resilience Initiative.

**For more information about this project, or to find the contact information for your FamilyWise Services regional staff person, please visit the [project webpage](#).**

