

More Resilient Minnesota

Collaboratively Honoring & Healing Communities

Phase 1: *Understanding ACEs* Presentations



The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in understanding the origins of physical, social, mental, and societal health and well-being. Research now shows that leading causes of disease, disability, learning and productivity issues, and early death have their roots in the cumulative neurodevelopmental impacts of Adverse Childhood Experiences (ACEs).

Phase 1: FamilyWise Services and Collaborative Coordinators will partner to deliver 3 - 5 ACE Interface *Understanding ACEs: Building Self-Healing Communities* presentations per Collaborative.

The Minnesota Department of Human Services (DHS) has contracted with FamilyWise Services to provide presentations to partners, community members, and parents connected with their local Children's Mental Health and Family Services Collaboratives about the ACE Study, neurobiology, and resilience strategies using the ACE Interface *Understanding ACEs: Building Self-Healing Communities* presentation. Participating Collaboratives' communities will learn how ACEs impact people's lives and what we can all do to dramatically improve health and resilience for current and future generations.

Overview of the *Understanding ACEs: Building Self-Healing Communities* ACE Interface Presentation

The ACE Interface presentation is presented in three sections:

- 1) Neurobiology & Epigenetics
 - 2) Key Findings from the Adverse Childhood Experiences (ACE) Study
 - 3) A basic framework for thinking about resilience
- There are two options for the presentations:
 - **Day-long presentations** are 5 - 6 hours in length & feature a 1.5 - 3-hour core presentation, a 45-minute lunch, & 2 - 3 hours of café conversations
 - **Core presentations** feature a 1.5 - 3 hour core presentation
 - FamilyWise Services will deliver approximately **3 - 5** ACE Interface presentations per Collaborative
 - Collaboratives will recruit diverse & inclusive community participation
 - The designated FamilyWise Services regional staff and Collaborative Coordinator will discuss & coordinate preparations for presentations & related project activities

- Collaboratives may choose to partner with neighboring Collaboratives and/or tribes
- The number of people who can attend each presentation is limited only by the size of the space
- Collaboratives will consider what is needed to make the event successful & accessible (e.g., child care)
- While modest funding is available to cover a portion of the presentation expenses, Collaboratives are asked to assist with in-kind resources, such as meeting spaces & other accommodations to ensure community members & parents have access to the presentations

How can my Collaborative become involved?

Collaboratives are invited to participate in Phase 1 of this project by submitting a **More Resilient Minnesota Application** to Ann Boerth at DHS (ann.boerth@state.mn.us). This application can be found in the [Project Overview](#) section of the webpage

For more information about this project, or to find the contact information for your regional FamilyWise Services staff person, please visit the [project webpage](#).

