

ADVERSE CHILDHOOD EXPERIENCES: DISPARITIES IN MINNESOTA



Parent/
guardian
in jail



Living with
domestic
abuse



Physical
abuse



Sexual
abuse



Verbal
abuse



Living with
drug abuse

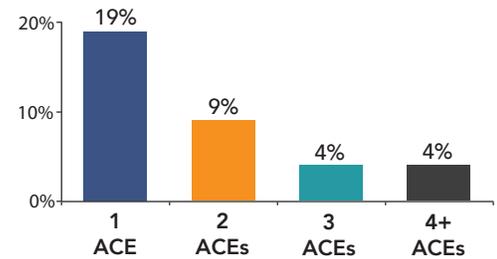


Living with
alcohol
abuse

Adverse childhood experiences (**ACEs**) are linked to substance use problems, mental health issues, and chronic health conditions. Studies can use a variety of indicators, but the 2016 Minnesota Student Survey (MSS) asked 8th, 9th, and 11th graders about **7 ACEs**.*

ACEs are **common**: most people have experienced at least one;
powerful: the effects are wide-ranging; and
cumulative: multiple ACEs can lead to increasingly negative outcomes.
Unfortunately, some young people are at **increased risk of multiple ACEs**.

ACEs IN MINNESOTA: 8TH, 9TH, AND 11TH GRADERS, MSS*



POVERTY

POVERTY

is the

#1 indicator
associated
with
6 of 7 ACEs

21% of students with 2 or 3 poverty indicators have **4 or more ACEs** compared to **6%** of those with 1 indicator and only **2%** with 0 indicators

Poverty indicators include:
Experiencing homelessness
Having to skip meals because there's no money
Receiving free or reduced-price lunch

LGBTQ

GENDER MINORITIES & BISEXUAL STUDENTS are the

#2 & #3

groups associated with
HIGH NUMBERS OF ACEs

14% of gender minority students and **13%** of bisexual students have **4 or more ACEs**, compared to an average of **4%**

Includes only 9th and 11th graders.
Gender minority students identify as transgender, genderqueer, genderfluid, or unsure of their gender.

RACE/ETHNICITY

PACIFIC ISLANDER, NATIVE AMERICAN, & MULTIRACIAL STUDENTS also have relatively **HIGH NUMBERS OF ACEs**

10% of Pacific Islander, **9%** of Native American, **8%** of Multiracial, **6%** of Hispanic, **5%** of African American, & **3%** of White students have **4 or more ACEs**

*For more information on the Minnesota Student Survey, please visit:
<https://education.mn.gov/MDE/dse/health/mss/> or SUMN.org

This infographic was developed for Minnesota Communities Caring for Children's ACE Collaborative Partnership Initiative, in conjunction with the Minnesota Department of Human Services, Behavioral Health Division. Data and design by EpiCog.

