The Power of Collaboration

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability

- ACEs
- Resilience
- Narratives of the Community

- Provider Capacity/Capability
- System Capacity/Capability
- Policy Supports

- Shared Understanding

- Organizational Linkages
- Citizen Leadership
- Social Supports
- Attachment to Place

- State of Readiness

- How to Connect
- Resource Distribution
- Community & Political Partnerships
- Collaboration

- Community

- Cross-Sector Partners

The BCR Collaborative & Networks
The Power of Collaboration

Changing Practice & Programs

BCR Policy Network: Hill Day 2019

Influencing Policy
Building Community Resilience: Healing through Equity
Community Resilience
Networked Capacities

Components of Community Resilience

- Economic Development
- Information & Communication
- Community Competence
- Social Capital

Disaster Response
Emergency Preparedness

Bouncing back from 'acute shocks'
Systems Driven Community Characteristics

The Pair of ACEs
Adverse Childhood Experiences
- Maternal Depression
- Emotional & Sexual Abuse
- Substance Abuse
- Domestic Violence
- Homelessness

Adverse Community Environments
- Poverty
- Discrimination
- Community Disruption
- Lack of Opportunity, Economic Mobility & Social Capital
- Poor Housing Quality & Affordability
- Violence

Outcomes
- Divorce
- Mental Illness
- Incarceration

Policy & Practice

Economic Hardship

Across the state 21% of parents lack secure employment

Source: KidsCount, Annie E. Casey Foundation

Average Cost of Infant Care = $310/week or $16,120/year

Source: MN Budget Project

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It's in Your Soil?

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### Defining Resilience

<table>
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<th>Individual-Level Factors</th>
<th>Family-Level Factors</th>
<th>Community-Level Factors</th>
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<td>Personal characteristics</td>
<td>Resources</td>
<td>Peer relationships</td>
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<td>Life satisfaction</td>
<td>Stable employment</td>
<td>Economic development</td>
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BUILDING COMMUNITY RESILIENCE IN MINNESOTA

BCR is working to transform program, practice, and policy across systems to improve the health and life outcomes of children, families, and communities.

Supportive adults & healthy households
- Fewer children in foster care
- Fewer youth in foster care
- Fewer justice-involved youth
- Reduced crime

Connected systems & supports

We can build community resilience by:

- Ensuring all children have a medical home
- Guaranteeing access to good, nutritious food
- Providing school-based healthcare centers with mental health services
- Ensuring access to jobs
- Providing access to affordable housing

Multi-sector Response for Multi-dimensional issues

Pillars of Community Resilience
- Housing
- Education
- Economic Development
- Access to Care

Multi-sector Response for Multi-dimensional issues

- Housing
- Education
- Economic Development
- Access to Care
Breakout Exercise: Describe your Pair of ACEs Tree.

What does adversity look like?

Describe the "Leaves & Branches"

What is in your "Soil"?

Power of Collaboration

Structural Inequity

Building Community Resilience:
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Shared Understanding

State of Readiness

Cross-Sector Partners

Community

Equitable Access
Policy/Practice Change

Co-creation of solutions
Prioritization of Issues

Identify Policy & Program Gaps
Address Implicit Bias

Trauma

Equity

Resilience
“It’s like I’m not even welcome to walk down my own street”

**The Problem:**
Police search & seizure tactics
Community violence
Violence & police related trauma

**The Process:**
Community conversations
Police focus groups

**Goal:**
Connecting youth & police
Community-driven solutions
Connecting across sectors
Youth-Police Advisory Board
Partnering across sectors to promote healing, foster equity & build resilience

- Trauma-informed practice
- Multi-sector services
- "Serve the community, where they are"

Increased attendance
Increased reading levels
Increased teacher retention

 Decreased absenteeism
Decreased behavioral issues
resilience:
“an ability to recover from or adjust easily to misfortune or change.”

—Merriam-Webster Dictionary
The Power of Collaboration

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- How to Connect
  - Resource Distribution
  - Community & Political
    Partnerships
  - Collaboration

"Systems are designed for the outcomes we get"
Edwards Deming
Building Coalitions, Building Community Resilience in Action
#1 Identify Potential Partners

#2 Identify Collaboration Opportunity

Applying the BCR Process Coalition Building
Exercise 2: Develop your Message

- Developing Shared Understanding
- Connecting Across Sectors
- Key Terms & Concepts
- Tools/Resources
- Stories & Scenarios

BUILDING COMMUNITY RESILIENCE
Coalition Building and Communications Guide

March, 2017

go.gwu.edu/BCR  @ResilNation  Search for “Pair of ACEs”
Who is your audience?

Values often drive behavior and decision-making. Figure out what matters to your audience. You can connect with higher-level values (fairness, family, freedom, etc.) or community values (neighborhood pride, religious tenants, ethnic culture, etc.) or individual values (self-identification, lived experience, peer pressure and stigma, etc.).

What do they value?
BCR: Spitfire Tools: Message Box

One specific ask. This element should be simple, clear and within the ability of the audience.

Is the ask in their comfort zone?

Benefit v. Risk

Download the tools at go.gwu.edu/BCR
Overcoming the barrier message. This element does not repeat their barrier but responds with the appropriate solution for the audience's negatively or inaction. Barriers are often easier to identify and may be very broad or very specific (e.g. dark streets or feeling unsafe). Once you have identified a barrier to progress, focus on those that you can potentially change.
BCR: Spitfire Tools: Message Box

Finally, the **Vision** embodies what you see for the future - the community resilience built from your collaboration.

Is the vision achievable & measurable?

Questions? Chat to All Panelists.
Message Box Example: Trauma-Informed Services

**Value**

Emotional support for children in San Antonio

**Vision**

Community comes together to address this problem and create opportunities to ensure academic success for students.

**Barrier**

*Educators don’t have the tools, resources to address childhood trauma.*

Children and families need emotional and social supports to ensure healthy, normal development.

**Ask**

Trauma-informed training and supports for Educators and school nurses.

Download the tools at go.gwu.edu/BCR
Exercise 2: Develop your Message

Putting it all together: Create a Resilience Coalition

Guiding Principles:
* Is the ask based on the audience's core concerns?
* Do you overcome--not reinforce barrier?
* Is the ask in the 'comfort zone'?
* Does the ask benefit outweigh risk?
* Does the message convey a measurable vision?

BCR Talking Points

ACEs are universal.

The Pair of ACEs impact health, quality of life & are influenced by systems and economic development.

Every sector has a role to address these issues.

Strengths based- start with what is working

Supports provide a buffer from adversity (bounce back) and a lever to thrive (bounce forward).
BCR Tools in Action

BUILDING COMMUNITY RESILIENCE
Coalition Building and Communications Guide

Policy and Advocacy Guide

Ignite your Network!

go.gwu.edu/BCR  @ResilNation  go.gwu.edu/BCRvideos  “Pair of ACEs” group