MINNESOTA ACE COLLABORATIVE PARTNERSHIP INITIATIVE ACTIVITIES

January 2017 – June 2019
ACE COLLABORATIVE PARTNERSHIP INITIATIVE
January 2017 - June 2019
We support communities with tools to promote self-healing, resiliency, and collaboration to improve the well-being of families for current and future generations in Minnesota.

COMMUNITY EDUCATION AND ENGAGEMENT

- 328 PRESENTATIONS reached
- 9,530 ATTENDEES
- 40 COLLABORATIVES sent
- 575 MEMBERS to become NEW PRESENTERS & TRAINERS
- 13 COMMUNITY RESILIENCE CONVERSATIONS engaged
- 450 PARTICIPANTS

COMMUNITY RESPONSES

“We have amazing and passionate people who want to find solutions!”
- Community Resilience Conversation Participant

“I’ve worked with programs that serve homeless households with children. I will be sharing some of the resilience ideas with those programs to incorporate and start conversations with schools and others.”
- Presentation Participant

“Thank you, Thank you, Thank You! This was everything I hoped for, personally, professionally, and more. I hope to speak with as much confidence and conviction as Dave, Linsey, and Rick one day.”
- Training of Presenters Participant

PARTICIPANT SECTOR REPRESENTATION

- School Staff: 49%
- Community Member: 13%
- County Staff: 6%
- Community Staff: 6%
- Health Care Staff: 4%
- Mental or Behavioral Health Staff: 17%

This infographic was developed for Minnesota Communities Caring for Children’s ACE Collaborative Partnership Initiative, in conjunction with the Minnesota Department of Human Services, Behavioral Health Division. Data and design by Epicog
2016 COLLABORATIVE REPORT SUMMARY: ACES & RESILIENCY ACTIVITIES

Types of ACES & Resiliency Activities

- Collaborative staff &/or board have received ACES, trauma-informed &/or resilience training: 78%
- Deciding how to implement ACES, trauma-informed & resilience building approaches: 69%
- Educating partners &/or parents on ACES, trauma & resilience: 66%
- Involved with communitywide ACES & trauma-informed & resilience building efforts: 53%
- Evaluating ACES & trauma-informed &/or resilience building approaches: 51%
- Changing policies to be ACES & trauma-informed &/or resilience building: 18%
PHASE 1: UNDERSTANDING ACES:
BUILDING SELF-HEALING COMMUNITIES
ACE INTERFACE PRESENTATIONS

During Phase 1 of the ACE Collaborative Partnership Initiative project, Minnesota Communities Caring for Children will deliver approximately 3 - 5 ACE Interface presentations per Collaborative that is active in the project.

The Understanding ACEs: Building Self-Healing Communities ACE Interface Presentation is presented in three sections:

1) Neurobiology & Epigenetics

2) Key Findings from the Adverse Childhood Experiences (ACE) Study

3) A basic framework for thinking about resilience

• There are two options for the presentations:
  • Day-long presentations are 5 - 6 hours in length and will feature a 1.5 - 3-hour core presentation, a 45-minute lunch, and 2 - 3 hours of café conversations
  • Core presentations feature a 1.5 - 3 hour core presentation
Likelihood of incorporating ACE and resilience concepts into action (N=582)

...with your neighborhood or community.

- Very unlikely: 3%
- Somewhat unlikely: 20%
- Neutral: 3% (3% rounded)
- Somewhat likely: 39%
- Very likely: 34%

...in your work.

- Very unlikely: 2%
- Somewhat unlikely: 7%
- Neutral: 2% (2% rounded)
- Somewhat likely: 36%
- Very likely: 54%

...at home or in your family.

- Very unlikely: 3%
- Somewhat unlikely: 12%
- Neutral: 1% (1% rounded)
- Somewhat likely: 38%
- Very likely: 45%
Key quotes on relationships

You can make a difference. Saying one positive thing/day can change the life/path of a student with ACES.

Working hard to be a consistent positive adult for my own child and the students in my class

To go in to each visit with a positive attitude and with an open mind understanding this family has grown through positive relationships.
Key quotes on empathy
Someone’s actions today can be because of their ACEs and you should always try to be patient and understanding... a child could seem like he has ADHD but it could be toxic stress.

It helps me to recognize how a person's ACES could be the reason they aren't responding how I expect them to - will help my patience.

I volunteer at elementary level, [and] the behavior and activities of children amaze me. I will look at those actions with new eyes.
Key quotes on strategies to address ACEs and trauma in others

There are universal techniques that can help everyone in stressful situations, even if you may not know specifically what is wrong.

I learned more about the ACES and how to handle things that arise in my classroom.

Expressing more empathy, smiling, be more gentle toward others, greet students at the door.
PHASE II: ACE INTERFACE PRESENTER TRAINING

• A Regional ACE Interface Presenter Training trains a diverse and inclusive group of 30 applicants affiliated with Collaboratives to present the Understanding Adverse Childhood Experiences: Building Self-Healing Communities presentation widely throughout their communities.

• Presenters expedite the spread of ACEs and resilience research by offering Understanding ACEs presentations to audiences of parents and diverse sectors.

• Sharing this knowledge across a community was found to be a key foundational step that helped achieve tremendously positive outcomes for children, youth, and families in Washington State.
OLMSTED COUNTY ACE INTERFACE PRESENTER TRAINING
OCTOBER 2017
WILLMAR COUNTY ACE INTERFACE
PRESENTER TRAINING
APRIL 2018
MOUNT IRON ACE INTERFACE PRESENTER
TRAINING
MAY 2018
ST. PAUL ACE INTERFACE PRESENTER TRAINING
MAY 2019
“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

Maya Angelou
MINNESOTA ACE INTERFACE PRESENTER SUPPORT ACTIVITIES

• MCCC offers ongoing ACE Interface presenter support opportunities, including in-person workshops, virtual/online sessions, webinars, and practice sessions, and one-on-one support, as needed.
COMMUNITY ESSENTIALS COACHING WORKSHOP
MAY 2018
TRAUMA-SENSITIVE SCHOOLS: POLICY & PRACTICE
JUNE 2018
PHASE III: COMMUNITY RESILIENCE CONVERSATIONS

• After a Collaborative has hosted several Understanding ACEs: Building Self-Healing Communities presentations (Phase I) and sent several Collaborative representatives to a Regional ACE Interface Presenter Training (Phase 2), MCCC will partner with Collaboratives to support Community Resilience Conversations that will help Collaboratives’ communities move from understanding neuroscience, epigenetics, ACEs, and resilience research to action planning for possible community responses.

• The conversations will allow time for community members, parents and practitioners to discuss ways to develop resilience, guided by community wisdom and local data.
Times are changing.
YOU can be a part of that change,
making Duluth better for all.

We invite you to take part in a learning and sharing community
to support the health of all.

Free lunch and childcare provided.
$30 gift cards available for the first 30 people to register.

To Register: call or text 218-591-4715 or email:
jsoderberg@pcamn.org, include number of children for childcare.

Understanding ACEs: Building Self-Healing Communities
Learn more about how our brain changes when we experience high levels of stress and how we
can improve health and resilience for us and future generations.

AND
Community Conversation
You talk, we listen.
To build effective community supports we need your input.
We will be asking for your input on what you think will make a difference for your community.

When: Sunday, March 17th, 2019
1:00 to 3:30 pm
Lincoln Park Children and Families Collaborative
2424 W. 5th St. Duluth, MN
Use cafeteria doors on 25th Ave W between 4th and 5th St
COMMUNITY CONVERSATION: BUILDING A SELF-HEALING COMMUNITY
JULY 19, 2018
8:00 AM - 11:30 AM
WOODLAKE MEETING CENTER

Minnesota Community Caring for Children will facilitate conversation with community members, parents and practitioners gathering to discuss ways to develop resilience, guided by community data. These inclusive conversations will help gather stories and statistics to inform the development of Community Resilience Plans. This conversation will include:
- NEAR Science – Neurobiology, Epigenetics, Adverse Childhood
- Experiences, and Resilience
- Qualitative data
- Quantitative data related to risk and protective factors for children and families
- Strategies for next steps in our community of addressing Adverse Childhood Experiences

YOU ARE INVITED TO PARTICIPATE IN
ONE OR BOTH OF THE UPCOMING

STEVENS COUNTY
COMMUNITY RESILIENCE
CONVERSATIONS

Your ideas & input are needed - No cost to attend

MONDAY, FEB 4, 2019
11:30 A.M. to 1:30 P.M.
Old #1 South Side
412 S Atlantic Ave
Morris, MN 56267

- Lunch will be provided
  at 11:30 a.m.

MONDAY, FEB 4, 2019
5:00 to 7:30 P.M.
Morris Area Elementary
151 South Columbia Ave
Morris, MN 56267

- Supper will be provided
  at 5:00 p.m.
- Child care available for
  children ages 2+

WHO SHOULD ATTEND?
Community members, parents, grandparents,
providers of services, policy makers... anyone
who cares about building resilient communities,
where kids and adults can thrive, are encouraged
to attend these conversations.

WHAT WILL HAPPEN?
We will discuss ways to develop resilience by
listening to the stories of community members,
looking at community data, and identifying
what we can do next! This is part of our ongoing
community efforts of Understanding ACES
(Adverse Childhood Experiences) and Building
Resilience.

Questions? Contact Diane Strobel at dstrobel@morris.k12.mn.us or
Anna Johnson at ajohnson@pamn.org.
4th Annual Community Health & Wellness Summit

Building a Healthy & Resilient Community

WHEN: TUESDAY, APRIL 2ND
4:00PM-8:00PM
WHERE: TRINITY LUTHERAN CHURCH
1401 MADISON AVE, DETROIT LAKES

Who should attend?
Community members, faith leaders, parents, government officials, grandparents, service providers, policy makers... ANYONE who cares about building resilient communities, where kids and adults can thrive are all encouraged to attend!

Becky Dale from Minnesota Communities Caring for Children will discuss NEAR Science, Adverse Childhood Experiences, and Resiliency.

What will happen?
We will engage in a community discussion & planning for 2019-2021!
Objectives include:

Understanding how Adverse Childhood Experiences influence our health, well-being, economy, & future.
Know our local data. What do ACEs look like in Becker County?
Develop a plan (you will help with ideas!) to "build a healthy and resilient community".
Networking: Who do you know? What resources do we have available? How can we connect on a more meaningful level?

Questions? Contact Karen Ritter at Karen.Ritter@EssentialHealth.org
YOU ARE INVITED TO ATTEND...

BELTRAMI COUNTY
COMMUNITY RESILIENCE
CONVERSATION

JUNE 19
8:30-Noon
@ Sanford Education RM.

YOUR IDEAS AND INPUT ARE NEEDED...

WHO SHOULD ATTEND?
Community members, parents, grandparents, providers of services, policy makers...anyone who cares about building resilient communities, where kids and adults can thrive, is encouraged to attend.

WHAT WILL HAPPEN?
We will discuss ways to develop resilience by listening to the stories of community members, looking at community data, and identifying what we can do next! This is part of our ongoing community efforts of Understanding ACEs (Adverse Childhood Experiences) and Building Resilience.

QUESTIONS? Contact Wendy Thompson at Wendy@beltrami.org or Linsey McMurrin at lmcmurrin@pcamn.org

Mn Department of Human Services

BASC
GROWING RESILIENT COMMUNITIES
ANNUAL GATHERINGS

• Each year, the ACE Collaborative Partnership Initiative provides at least one statewide opportunity for Collaborative Coordinators, Collaborative Board Members, Collaborative Partners, Collaborative ACE Interface Presenters, and Community Partners to gather, engage in shared learning, and share resources about how to Grow Resilient Communities.

• In May 2018, the 1st Annual Collaborative Addressing ACEs: Growing Resilient Communities Gathering was held in St. Cloud and featured keynote speaker Dr. Ann Masten, and breakout sessions.

• In June 2019, the 2nd Growing Resilient Communities Gatherings were held in West St. Paul and Alexandria and featured keynote speaker Dr. Wendy Ellis, and afternoon sessions. This event was co-sponsored by Horizon Public Health.
1ST COLLABORATIVES ADDRESSING ACES: GROWING RESILIENT COMMUNITIES
KEYNOTE SPEAKER DR. ANN MASTEN (ST. CLOUD)
MAY 2018
1ST COLLABORATIVES ADDRESSING ACES: GROWING RESILIENT COMMUNITIES (ST. CLOUD)

MAY 2018
1ST COLLABORATIVES ADDRESSING ACES: GROWING RESILIENT COMMUNITIES (ST. CLOUD)
MAY 2018
1st Collaboratives Addressing ACEs: Growing Resilient Communities (St. Cloud)

May 2018
1ST COLLABORATIVES ADDRESSING ACES: GROWING RESILIENT COMMUNITIES (ST. CLOUD)
MAY 2018
1ST COLLABORATIVES ADDRESSING ACES: GROWING RESILIENT COMMUNITIES (ST. CLOUD)

MAY 2018
2ND GROWING RESILIENT COMMUNITIES GATHERING WITH KEYNOTE DR. WENDY ELLIS (WEST ST. PAUL)
JUNE 2019
2ND GROWING RESILIENT COMMUNITIES GATHERING
KEYNOTE DR. WENDY ELLIS (WEST ST. PAUL)
JUNE 2019
2ND GROWING RESILIENT COMMUNITIES GATHERING
KEYNOTE DR. WENDY ELLIS (WEST ST. PAUL)
JUNE 2019
2ND GROWING RESILIENT COMMUNITIES GATHERING
SHARED LEADERSHIP (WEST ST. PAUL)
JUNE 2019
2ND GROWING RESILIENT COMMUNITIES GATHERING
KEYNOTE DR. WENDY ELLIS (ALEXANDRIA)
JUNE 2019
2ND GROWING RESILIENT COMMUNITIES GATHERING
KEYNOTE DR. WENDY ELLIS (ALEXANDRIA)
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