

Appendix D: Sample Agendas

Sample Participant Agenda

Local Collaborative Name

Community Conversation: Building Self-Healing Community and Resilience

Agenda

4:30 Opening Coming Together conversations and pick up dinner

5:00 Introductions/Welcome/Program Overview

- Resilience Trailer
- Building Self-Healing Communities
- Stevens County ACE work to date

5:25 A look at local data:

- Minnesota Student Survey ACEs and Resilience data for Stevens County
- Additional optional local data

5:45 Community conversation guided by questions (these are samples, actually questions are selected by each community)

1. What's one thing the community could do right now that would make a difference for your family?
2. What needs are arising from the data we looked at? What possibilities are there for addressing those needs?
3. What's something you know that you wish people in our community knew and paid attention to?

What are other important questions we should be discussing?

6:30 Next Steps, Evaluation and closing

7:00 Adjourn

			<p>MN Student Survey local data</p> <p>Evaluations</p> <p>Commitment Cards</p> <p>Gears slide or Flip Chart/foam core</p> <p>High Capacity Community slide</p>
30 min	<p>Meal and Coming together – one on one conversations around the questions: What makes you feel safe? What helps you trust? How do you recover after a hard time?</p> <p>Let them know the conversation starts NOW and encourage them to talk to someone based on the conversation prompts. After 15 min or so, ask them to find someone new to talk to, someone they don't know or want to know better.</p>	<p>The planning team will greet people as they arrive and hand them the conversation prompts hand out, OR invite them to choose an image that represents safety/trust and another image that represents healing.</p>	<p>Conversation handout and/or image cards</p>
	Item(s)	Facilitator	Materials/notes
15 min	<p>Welcome/Introductions (First name and one word – their choice -- that describes you, or is how you want to be seen, or is how you're feeling now or whatever you want! Something short if a large group)</p> <p>Group Agreements – share group agreements and invite additions/changes</p>	<p>Someone local – Welcome/Introductions</p> <p>Group Agreements</p>	<p>Group agreements on FlipChart</p>
10 min	<p>Intro to this work, Show the trailer for Resilience</p>	<p>Local planning team and/or MCCC staff person</p>	
20 min	<p>Local Data</p>	<p>Local planning team and/or MCCC staff person</p>	<p>Student Survey ACEs and Protective Factors</p> <p>Community Health</p>

			<p>Brief highlights of other local data if desired by local community planners.</p> <p>Local Self-Healing Communities Self-Assessment if needed</p>
55 min	<p>Community Conversation – using World Café model and harvesting responses.</p> <p>Questions identified by community planners here. These are examples only:</p> <p>What’s one thing the community could do right now that would make a difference for your family?</p> <p>What needs are arising from the data we looked at? What possibilities are there for addressing those needs?</p> <p>What’s something you know that you wish people in our community knew and paid attention to?</p> <p>What are other important questions we should be discussing?</p>	Local planning team and/or MCCC staff person	Flipchart paper, markers, post it notes
10 min	Commitment card and evaluation		Commitment Cards and Evaluation forms
5 min	Summary of harvest categories and priorities		
5 min	One – word checkout		
	Adjourn		