

## Appendix B: Community Resilience Conversation Checklist

### Required:

- ✓ At least three community members, including the Collaborative Coordinator and/or a Collaborative board member, participate in the planning of the Conversation.
  - Begin planning at least a month prior to the Conversation date
  - Identify dates and location(s) for Conversation(s)
  - Promote the event, including to those most impacted by ACEs and parent recipients of services (consider using a mix of email lists, flyers, media, and targeted invitations)
  - Core Planning Team completes the *Understanding ACEs & Building Self-Healing Communities Assessment Tool* either jointly as a team or individually with summarized responses
  - Identify who from the community will compile and share the harvest ideas from the Conversation
  - In partnership with MCCC staff, communities will plan two initial Community Resilience Conversations. Communities that have had great success have engaged in a process of ongoing Conversations
- ✓ Early agenda items will include these core components:
  - Relationship building activity(s)
  - Sharing local data, including the county-level *ACEs and Protective Factors* fact sheets
  - Having conversations built around important questions facing the community
  - Summary of *Understanding ACEs & Building Self-Healing Communities Assessment Tool* is shared
    - Core Planning Team takes the full assessment and creates a summary of results, then reflects this back to community and asks: "Does this reflect what you think?"
    - And/or have Conversation participants take an abridged version of the assessment at the Conversation
- ✓ Tools will include:
  - *Understanding ACEs & Building Self-Healing Communities Assessment Tool* (Core Planning Team and/or Conversations participants)
  - County-level *ACEs and Protective Factors* fact sheets
  - *Community Resilience Plan Guidance Document and Sample Templates* (later in Phase III)
  - *Community Conversation: Building Self-Healing Communities--Evaluation*

### Optional:

- ✓ Components of the agenda could include:
  - Brief overview of Neuroscience, ACEs, Epigenetics, and Resilience (NEAR) Science, ACEs Primer video, *Resilience* film trailer, Community Capacity Development, or Self-Healing Communities concept
- ✓ Communities can consider including optional tools, such as:
  - Building Community Resilience infographics from the Milken Institute School of Public Health and the Sumner M. Redstone Global Center for Prevention & Wellness
  - The Building Community Resilience Coalition Building and Communications Guide
  - Relationship Building
    - One-on-one community conversations/100 Cups of Coffee
    - Asset mapping
    - Ripple Effects Mapping