Appendix B: Community Resilience Conversation Checklist

Required:
✓ At least three community members, including the Collaborative Coordinator and/or a Collaborative board member, participate in the planning of the Conversation.
  ▪ Begin planning at least a month prior to the Conversation date
  ▪ Identify dates and location(s) for Conversation(s)
  ▪ Promote the event, including to those most impacted by ACEs and parent recipients of services (consider using a mix of email lists, flyers, media, and targeted invitations)
  ▪ Core Planning Team completes the Understanding ACEs & Building Self-Healing Communities Assessment Tool either jointly as a team or individually with summarized responses
  ▪ Identify who from the community will compile and share the harvest ideas from the Conversation
  ▪ In partnership with MCCC staff, communities will plan two initial Community Resilience Conversations. Communities that have had great success have engaged in a process of ongoing Conversations
✓ Early agenda items will include these core components:
  ▪ Relationship building activity(s)
  ▪ Sharing local data, including the county-level ACEs and Protective Factors fact sheets
  ▪ Having conversations built around important questions facing the community
  ▪ Summary of Understanding ACEs & Building Self-Healing Communities Assessment Tool is shared
    ▪ Core Planning Team takes the full assessment and creates a summary of results, then reflects this back to community and asks: "Does this reflect what you think?"
    ▪ And/or have Conversation participants take an abridged version of the assessment at the Conversation
✓ Tools will include:
  ▪ Understanding ACEs & Building Self-Healing Communities Assessment Tool (Core Planning Team and/or Conversations participants)
  ▪ County-level ACEs and Protective Factors fact sheets
  ▪ Community Resilience Plan Guidance Document and Sample Templates (later in Phase III)
  ▪ Community Conversation: Building Self-Healing Communities--Evaluation

Optional:
✓ Components of the agenda could include:
  ▪ Brief overview of Neuroscience, ACEs, Epigenetics, and Resilience (NEAR) Science, ACEs Primer video, Resilience film trailer, Community Capacity Development, or Self-Healing Communities concept
✓ Communities can consider including optional tools, such as:
  ▪ Building Community Resilience infographics from the Milken Institute School of Public Health and the Sumner M. Redstone Global Center for Prevention & Wellness
  ▪ The Building Community Resilience Coalition Building and Communications Guide
  ▪ Relationship Building
    ▪ One-on-one community conversations/100 Cups of Coffee
    ▪ Asset mapping
    ▪ Ripple Effects Mapping