Imagine if... Dear Friends,

Every year, just under 70,000 children are born in Minnesota. Imagine if their parents were supported in being the best caregivers they can be. Too often, supports aren’t in place for Minnesota parents and, as a result, families struggle with significant challenges – unemployment, hunger, mental and physical health problems, addiction – in isolation. When parents haven’t had the opportunity to develop the emotional management tools needed to navigate these highly stressful circumstances, child abuse and neglect can occur.

At Minnesota Communities Caring for Children (MCCC), we believe that all parents want the best for their children and play a critical role in building a healthy Minnesota. When equipped with knowledge and skills to cope with stress, solve problems, and help their children grow, parents and caregivers can create homes and community environments where all children thrive.

In Fiscal Year 2018 (July 1, 2017 - June 30, 2018), MCCC programs touched the lives of more than 9,000 parents, family service providers, and community members across the state. Most notably, we expanded the reach of our ACE Interface Training Program in partnership with Children’s Mental Health and Family Services Collaboratives statewide.

As a result, thousands of Minnesotans learned how devastating trauma can be to the well-being of individuals, families, and whole communities. More importantly, they learned that just one caring and competent adult can make all the difference in the life of children and adults that have experienced (or are at risk of experiencing) trauma.

Imagine if each of the 9,000+ parents, caregivers, family service providers, donors, and partners that connected with us last year became a supportive friend or mentor to a parent or child. With the enclosed commitment card in this annual report, we invite you to think about the role you can play in the lives of children and parents in your community and write down one simple action that you will take. Put the card in a place to remind yourself to take action.

Thank you for your support as we continue together toward our shared vision of a state where all children are given the opportunity for a healthy future.
ACE Interface Training Program

The Adverse Childhood Experiences (ACE) Study and subsequent research studies demonstrate that exposure to adversity early in life can lead to negative health and social outcomes in adulthood. Using the ACE Interface curriculum, MCCC develops the capacity of individuals as certified ACE Interface Trainers and Presenters so they can raise awareness about the effects of trauma and the promise of prevention in their communities.

In FY18, MCCC expanded our educational offerings in partnership with Children’s Mental Health and Family Services Collaboratives across Minnesota. We also developed partnerships to raise awareness and train ACE Interface Presenters specifically in African American and immigrant populations in the East Metro.

In partnership with the Blue Cross Blue Shield of MN Center for Prevention, the Tribal NEAR Science and Community Wisdom Project began in 2015 with the aim of building the capacity of tribal communities to address challenging health and social issues related to childhood trauma. This project builds community awareness and facilitates strengths-based community action planning to support healing and building resilience.

*Neurobiology, Epigenetics, ACEs, and Resiliency

Trained 184 ACE Interface Presenters adding to 223 previously trained ACE Interface Trainers and Presenters

Trainers and Presenters provided 220 educational presentations to nearly 7,500 People across the state

MCCC partnered with Five Tribal Communities on this project – White Earth, Fond du Lac, Lower Sioux, Leech Lake, and Mille Lacs

Circle of Parents

As the Minnesota chapter of Circle of Parents, MCCC partners with communities to offer peer-led, mutual self-help support groups for parents and children throughout the state. At group sessions, parents support each other and develop leadership skills that transfer to their families and communities.

Participants meet in a supportive environment to share their concerns and frustrations, and to identify and commit to their own personal parenting goals. Participants are guided by volunteer facilitators that are trained by MCCC staff.

360 referrals provided to resources including community education, mental health, job training, health care, crisis nursery, social services, WIC, ECFE/Head Start, and others

Served 1,088 parents in 46 parent groups and 692 children in 28 children's groups

TOM GONZALEZ
ACE Interface Trainer

“*This training has changed my life. It helped me understand my past and how ACEs affected me and what I can do to become more resilient in my own life. It changed the way I looked at people and helped me to develop more compassion for others asking, ‘what’s happened to you’ instead of ‘what’s wrong with you.’ It’s also helped me be a more effective pastor by understanding how childhood trauma affects people in my congregation.

I’ve been able to present in schools around the state, churches, assisted-living homes, judicial centers, medical facilities, and civic organizations. I’m so thankful that MCCC pioneered this work in our state and has given me the opportunity to be a part of it! We can reduce ACEs in our communities and help the next generations live with less trauma and toxic stress!”

NANCY EDER
Circle Facilitator

“In the 90s I was having some problems with one of my daughters. I asked my counselor for a support group, but there were none to be found. One of my co-workers was involved with Parents Anonymous in Elk River and told me that a group was forming in St. Cloud. So I went to the meetings, where we discussed how to get a group going in St. Cloud.

We started the support group in 1996. We started with all volunteers but eventually decided to pay the parent facilitator and the child care person. We have one of the best facilitators. She has great understanding not only of the children and their needs, but also of the parents. It has been a pleasure to know all the facilitators and advisory members. It is inspiring to share hope that we can be better. I wish this group had been there when I needed it.”
The PLCSP Program has been a partnership of MCCC and the MN Department of Human Services (DHS) division of Child Safety and Permanency since 2009. As part of this program, leadership training is provided to a group of 25 Parent Leaders over a three-year period. The intent is to increase Parent Leaders’ skills and influence, so they can effectively articulate their experience, add value in their communities and on task forces within DHS, and ultimately contribute to a reduction in incidents of abuse, neglect, and out-of-home placement (foster care).

“I am an enrolled member of the White Earth Ojibwe band and Yaqui tribe in South America. I am a single father of 3 beautiful children who grew up in a tough urban environment with very few positive role models. I began to realize I was only there physically for my children and not mentally, emotionally, financially, and spiritually available for them. Today I can say with great confidence that I am.

Being part of the PLCSP Program at MCCC has been influential to my growth and development and reinforces my foundation. I am able to bring what I’ve learned into the community and the lives of my children. One of my favorite aspects of the program is having the opportunities to have my voice heard in [MN Department of Human Services] workgroups. Organizations like this have helped catapult me into success and being a part of community healing processes has been such an honor and a privilege.”

ZHAWIN GONZALEZ
Parent Leader

15 PARENT LEADERS participated in DHS or community-based workgroups

22 PARENTS received MCCC’s “Unsung Hero” award and were celebrated at an event which included families, legislators, and community-based stakeholders

Parents worked more than 1,300 HOURS advising service providers, building their skills, and raising awareness about prevention across the state

The Buron-Campbell innovation award recognizes organizations that help young people faced with adversity build resilience so they can grow up to be healthy, successful adults. In FY18, the award was presented to Chris Matter and the Center for Prevention at Blue Cross and Blue Shield (BCBS) of Minnesota.

The Center for Prevention works to improve the health of all Minnesotans by tackling the leading root causes of preventable disease. In 2015 Chris Matter and the Center for Prevention invested in MCCC’s Tribal NEAR Science and Community Wisdom Project. By partnering with MCCC and tribal communities using a unique community-driven approach, Chris and the Center for Prevention are building on the strengths of tribal communities to foster healing and build resiliency.

Chris Matter, BCBS & Susan Beaulieu, MCCC

Ann Boerth
Ann oversees the 90 Children’s Mental Health and Family Services Collaboratives located across Minnesota and is a key MCCC partner. She is passionate about creating effective local, cross-system partnerships that improve services for children and families.

Throughout her 25-year tenure at MCCC, Barb has worked with parents and providers to strengthen families. She is a champion for parents and serves on the Board of Directors for the National Circle of Parents.

Dave Ellis
As one of MCCC’s most active ACE Interface Trainers, Dave has explored the impact of early childhood trauma on adult issues for many years and has been instrumental in facilitating conversations on race, power, and privilege across Minnesota.

David Thompson
David is a MCCC Board Member. Throughout his career, he led efforts to move child welfare practice toward respectful engagement of families in strength-based and safety-focused partnerships.

“African American Babies Coalition (AABC)
The AABC is a group of African American community members working to address the achievement gap by ensuring that African American babies get the support they need in their early years to learn, and thrive as they grow.

Huda Bashir

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Chris Matter, BCBS & Susan Beaulieu, MCCC

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Chris Matter, BCBS & Susan Beaulieu, MCCC

Buron-Campbell Innovation Award
THANK YOU TO OUR DONORS

CONSORTIUM STATEMENT OF FINANCIAL POSITION

YEAR ENDING JUNE 30, 2018

SUPPORT AND REVENUE

<table>
<thead>
<tr>
<th>Source of Revenue</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pledges and Contributions</td>
<td>$316,741.00</td>
</tr>
<tr>
<td>Special Events</td>
<td>$29,069.00</td>
</tr>
<tr>
<td>Government Grants and Contracts</td>
<td>$882,000.00</td>
</tr>
<tr>
<td>Education and Engagement</td>
<td>$1,212.00</td>
</tr>
<tr>
<td>Training and Conferences</td>
<td>$26,676.00</td>
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<tr>
<td>Contract Revenue</td>
<td>$138,496.00</td>
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<tr>
<td>Other Revenue</td>
<td>$3,239.00</td>
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<tr>
<td><strong>Total Support and Revenue</strong></td>
<td><strong>$1,389,828.00</strong></td>
</tr>
</tbody>
</table>

EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$1,140,387.00</td>
</tr>
<tr>
<td>Support Services</td>
<td>$128,894.00</td>
</tr>
<tr>
<td>Management and General</td>
<td>$106,375.00</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$1,375,656.00</strong></td>
</tr>
<tr>
<td>Revenue Over Expense</td>
<td>$14,172.00</td>
</tr>
<tr>
<td>Revenue Recognized in Prior Year Designated for Use in the Current Fiscal Year Due to Multi-Year Grants and Contracts</td>
<td>$11,594.00</td>
</tr>
<tr>
<td><strong>Net Operating Surplus</strong></td>
<td><strong>$14,172.00</strong></td>
</tr>
</tbody>
</table>

BALANCE SHEETS

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Current Assets</td>
<td>$526,587.00</td>
</tr>
<tr>
<td>Noncurrent Assets</td>
<td>$23,970.00</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>$2,775.00</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$553,332.00</strong></td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$77,924.00</strong></td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>$475,408.00</strong></td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$553,332.00</strong></td>
</tr>
</tbody>
</table>

VISIONARIES:

- Shelley Jacobson
- Patrick and Aimee Butler Family Foundation
- Otto Bremer Foundation
- Fred C. and Katherine B. Anderson Foundation
- Hugh J. Anderson Foundation
- Corey Sauer

SUSTAINERS:

- $5,000-$9,999
  - Casey Albert T. O’Neil Foundation
  - Edwards Memorial Trust
  - The Jackie McElroy-Edwards Charitable Fund
  - Margaret Rivers Fund

CAPACITY BUILDERS:

- $1,000-$4,999
  - Benton Telecommunications Foundation
  - Art and Kate Berman
  - Leigh and Sally Countryman
  - Exchange Club of East Minneapolis
  - Hubbard Broadcasting

LEADERSHIP DEVELOPERS:

- $250-$999
  - Michele Abita
  - Steven Anseth
  - James Bjork
  - Julie and James Borchard
  - Michael Buck
  - Mary Campbell
  - Kathleen Carl森
  - Zachary Carl森
  - Scott Dudek

EDUCATORS:

- $100-$249
  - Tabitha Adams
  - Mary Albachten
  - Karen Anderson
  - Randall Bachman
  - Kate Bailey
  - Susan Beaulieu
  - Trace Benson
  - Michael and Jane Bernauer
  - Paul and Amy Biewen
  - Sina Black
  - Sarah Blomquist
  - Norma Bourland
  - Mary Brem
  - Jim Brown
  - Laura Bruley
  - Alyson Canede
  - Deb Cavitt
  - Kerry Colpits
  - Community Stabilization Project
  - Paul and Patricia Curran
  - Becky Dale
  - Loralee Dillorenzo
  - Clint and Beth Doroff
  - Thomas Eckstein
  - Stacey Edwards
  - Dave Ellis
  - Mark Gaertner
  - Donald and Olivia Gault
  - General Mills Foundation

SOURCES OF REVENUE

- Pledges and Contributions
- Special Events
- Government Grants and Contracts
- Education and Engagement
- Training and Conferences
- Contract Revenue
- Other Revenue

USES OF FUNDS

- Program Services
- Management and General
- Fundraising

“Being a parent can be hard - even with many resources and lots of support. The more we support parents, the better they are able to nurture the bodies, minds and spirits of our next generation.”

Elizabeth Melton has been a supporter of MCCC for more than 15 years. She served as a board member for 10 years, including 2 years as Board Chair. Elizabeth is a strong advocate for MCCC’s work and her passion has inspired others to become involved with MCCC as donors and volunteers.

ELIZABETH MELTON

REGINALD WOO
Child abuse is 100% preventable!

Imagine if... all Minnesota Children grew up in safe, nurturing households.

Native American and African-American children were 5.3 times and 3 times more likely to be involved in child maltreatment reports than white children. This disproportionality is evidence of opportunity gaps for families of color and American Indian families across all family service systems in Minnesota.

Imagine if... Native American and African-American parents were empowered as leaders in their families, communities, and systems.

Children age 8 and younger represent the majority of children involved in maltreatment reports (60%).

Imagine if... all parents understood child development and nurtured the growth of their children.

60% of Minnesota Children who experienced maltreatment experienced neglect.

Imagine if... all parents had access to concrete supports (from housing support to mental health treatment) in times of need.

Nearly 40% of children who experienced maltreatment experienced physical abuse.

Imagine if... all parents learned skills to manage their emotions in highly stressful circumstances.

39,73 Children were the subject of child maltreatment reports in Minnesota in 2016.

Child Abuse is 100% Preventable!
Continue your journey to prevent child abuse and neglect!

- Participate in MCCC webinars to learn more about building resiliency in your own family and community. Upcoming and archived webinars can be found on the resources page of our website. https://www.pcamn.org/educational-webinars/

- Learn about the protective factors that strengthen families and prevent maltreatment by visiting the Center for the Study of Social Policy’s website. https://cssp.org/our-work/project/strengthening-families/

- Seek out books about child development and positive parenting strategies, such as *The Whole Brain Child* or *No Drama Discipline* by Daniel Siegel.

- Connect with your local Children’s Mental Health or Family Services Collaborative to attend an upcoming Understanding ACEs: Building Self-Healing Communities presentation in your area. https://bit.ly/2FxldhT

- Learn about the 40 Developmental Assets identified by the SEARCH Institute that help youth thrive now and in the future. https://bit.ly/2DN4z8E

You can also lend your time and talent to our cause by joining an MCCC committee:

- **Development Committee:** Develop, monitor and evaluate strategic and operational fundraising plan.

- **Finance Committee:** Assist the board in discharging its obligations in relation to the legal, ethical and financial integrity of the organization and to maintain accountability to stakeholders.

- **Governance Committee:** Review and provide recommendations ongoing to enhance the quality and future viability of the board of directors.

- **Data and Evaluation Committee:** Measure the impact of MCCC programs and make recommendations on where MCCC should dedicate resources to provide the highest impact.

Contact MCCC at pcmn@pcamn.org.