

## MISSION MOMENT

### Imagine If...Summer Social

Our first annual Summer Social was held on June 24 at the beautiful Oak Marsh Golf Course. The purpose of this event is to recognize individuals and organizations that play critical roles in advancing the well-being of Minnesota children. This year we were proud to give the Champions for Children award to David Thompson, Ann Boerth, Dave Ellis, Barb Sorum, and the African American Babies Coalition (AABC).



David has served more than three terms on MCCC's Board of Directors and is an integral member of MCCC's Finance Committee. Throughout his career David led efforts to move child welfare practice toward respectful engagement of families in strength-based and safety-focused partnerships in Minnesota. Ann oversees the 90 Children's Mental Health and Family Services Collaboratives located across Minnesota. As a parent who once participated in her own local Collaborative, she is passionate about creating effective local, cross-system partnerships that improve services for children and families. Dave has explored the impact of early childhood trauma on adult issues for many years and has been instrumental in facilitating conversations on race, power, and privilege across Minnesota. As one of MCCC's ACE Interface Trainers, Dave has presented over 100 times

As MCCC's Director of Prevention Initiatives for Southern Minnesota, Barb works extensively with parents and community support services to strengthen families and prevent child abuse and neglect. She is committed to ensuring the health and safety of children through parent and community-based leadership. The AABC is a group of African American community stakeholders including nonprofit and civic leaders, parents, and professionals from across the Twin Cities who are committed to promoting the healthy development of African American babies.

Mary Campbell presented Chris Matter and the Center for Prevention at Blue Cross and Blue Shield of MN with the Buron Campbell Innovation Award, which recognizes organizations that help young people faced with adversity build resilience so they can grow up to be healthy, successful adults. The Center for Prevention works to improve the health of all Minnesotans by tackling the root causes of preventable disease. Because Chris Matter and the Center for Prevention understand that historical trauma and childhood adversity are leading causes of preventable disease, beginning in 2015 they invested in and continue to help develop MCCC's Tribal Wisdom Project.

*(Photo to the Right: Chris Matter with the Director of the Tribal Wisdom Project, Susan Beaulieu)*

## Champions for Children Awardees



**Huda Bashir**

On behalf of the African American Babies Coalition



**David Thompson**

Minnesota Communities Caring for Children Board



**Ann Boerth**

Children's Mental Health Division, MN DHS



**Barb Sorum**

Minnesota Communities Caring for Children



**Dave Ellis**

Dave Ellis Consulting, LLC

## NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)

### Statement from Dan Duffy Regarding the Separation of Children from their Families at our Border

In regards to the current situation at the southern U.S. border and the policy of separating children from their parents, Prevent Child Abuse America President & CEO Dan Duffy released the following statement:

"As a nation, we must set the highest standard possible in our unwavering pursuit to prevent the abuse and neglect of children. Everyone agrees that separating children from their families at our border is not a healthy or acceptable policy and counteracts our national value in protecting children. We recognize the proven science surrounding toxic stress and the lifelong negative consequences trauma can have on a child and their brain development. The data overwhelmingly demonstrates that putting a child in a confusing and frightening situation, away from their parents or caregivers, can, and will lead to long-term, negative health outcomes. It is imperative that both sides of the political aisle, the Administration and Congress, come together immediately to find a solution that strengthens families, does not separate them, and supports the well-being of all children."



## THE FACES BEHIND THE WORK

### Meet Our New Summer Intern!

**Cecely Hoyt:**  
Graduate Student Intern



Cecely Hoyt just completed her first year of the MPH Community Health Promotion program at the University of Minnesota's School of Public Health where she is also pursuing a minor in Health Equity. This summer she will be working with Dunia Dadi to evaluate MCCC's programs. She chose MCCC to do her internship because she is passionate about healthy youth development, resilience, and health equity. She also appreciated that the organization is dedicated to amplifying the parent's voice and mobilizing communities to work together to make systemic changes at the policy level to change cultural norms and promote health equity within Minnesota communities.

As an evaluation intern, Cecely hopes to use data to communicate MCCC program successes to stakeholders and to help identify ways to improve MCCC programs. She also hopes to help identify potential grants/funding sources that will enable MCCC to continue empowering parents and communities. She is thrilled to have the opportunity to develop evaluation and other professional skills at MCCC. She plans to use what she learns at MCCC to advocate for policy level changes that will lead to more equitable health outcomes in Minnesota's communities. Before graduate school, she completed an AmeriCorps term and served on the youth substance use prevention/mental health promotion coalition and an afterschool program in Marshfield, WI. During her service year, she learned about ACEs, resilience, and trauma-informed approaches to interacting with youth.

## UPCOMING EVENTS & TRAININGS



### Take me Out to the Ball Game!

Game Details:

**Sunday, August 19, 2018 at 1:10 pm**  
MN Twins vs Detroit Tigers

For every \$20 ticket purchased, MCCC will receive a \$5 donation. Children under 30 inches tall are free. Seats are in the Grandstand.

**Deadline to Register is July 13, 2018**

Please share this invitation with friends, family and colleagues – we would love to have a huge crowd showing their support at the game! [Register here.](#)

## We Need Civic Engagement Volunteers!

*All Are Welcome to Transform Their Communities*

Minnesota is a model for democratic participation. In the 2016 Presidential elections, **81% of registered** voters cast ballots, which made Minnesota the number one state for voter turnout. Despite national accolades, the state's voter turnout is another example of existing racial disparities in Minnesota. While **white voters had a 71 percent**



turnout, voting rates were 66 percent for blacks, 52 percent for Asians and 37 percent for Latinos. The lower voter turnout in communities of color compounds other disparities including education, employment, and housing.

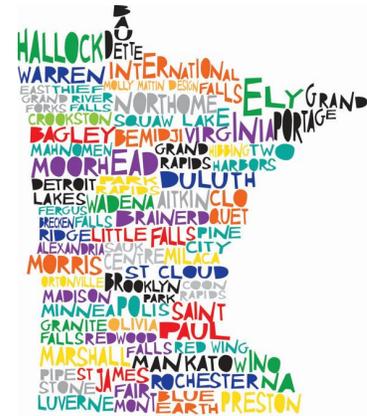
Join us in making Minnesota worthy of its national praise! Your voice has the power to create a more inclusive Minnesota!

For more information call or email Roxanne Draughn, Civic Engagement Coordinator, [rdraughn@pcamn.org](mailto:rdraughn@pcamn.org) and 507-403-2509

## NEWS YOU CAN USE

### Webinar: Using Minnesota Student Survey Data to Inform Community Action

In this webinar Melissa Adolfson presents the information on ACEs and Protective Factors from the 2016 Minnesota Student Survey and discusses how the data can help communities determine where to take action to reduce the impact of ACEs. As communities across Minnesota engage in the *Understanding ACEs: Building Self-Healing Communities* work, this is a great source of information to support the work!



This webinar repeats a workshop that was offered at the ACE Collaborative Gathering in St. Cloud in Early May -- so if you missed it or want to see it again, now's your chance!

[Watch the video here.](#)



### Why Teens Should Understand Their Own Brains (And Why Their Teachers Should, Too!)

By Elissa Nadworny

"A teenage brain is a fascinating, still-changing place. There's a lot going on: social awareness, risk-taking, peer pressure; all are heightened during this period.

Until relatively recently, it was thought that the brain was only actively developing during childhood, but in the last two decades, researchers have confirmed that the brain continues to develop during adolescence – a period of time that can stretch from the middle school years into early adulthood.

'We were always under the assumption that the brain doesn't change very much after childhood,' explains Sarah-Jayne Blakemore, a professor of cognitive neuroscience at University College London."

[Continue reading the article here.](#)

Join Prevent Child Abuse America's Chief Research and Strategy Officer, Dr. Bart Klika, as he does a quick run-down of emerging research related to child abuse and neglect prevention.

In this review, Dr. Klika goes over some of the social norms research that Prevent Child Abuse America has commissioned, what the results have shown, and how the national chapter plans to use those results in the future.

[Watch the video here.](#)



## Today's kids able to delay gratification longer than those in 1960s

By The Institute of Child Development

"A new study led by a University of Minnesota researcher found kids today were able to delay gratification longer than kids in the 1960s, despite predictions by adults that children now have less self-control than 50 years ago.

'Although we live in an instant gratification era where everything seems to be available immediately via smartphone or the internet, our study suggests today's kids can delay gratification longer than children in the 1960s and 1980s,' said lead author Stephanie M. Carlson, Ph.D., a Distinguished McKnight University Professor in the University of Minnesota's Institute of Child Development. 'This finding stands in stark contrast with the assumption by adults that today's children have less self-control than previous generations.'

[Continue reading the article here.](#)

[DONATE NOW!](#)



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

***REMEMBER CHILD ABUSE IS 100% PREVENTABLE***

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