

Minnesota

ACEs Initiatives and Actions

As knowledge about the science of adverse childhood experiences (ACEs) spreads, ACEs initiatives have launched in all 50 U.S. states and the District of Columbia. Hundreds of cross-sector collaboratives are educating and engaging organizations and policymakers about ACEs science. In turn, these organizations are implementing trauma-informed and resilience-building practices and policies based on ACEs science; many legislatures are passing resolutions and/or bills.

Highlights

In February 2013, Minnesota became the first state in the U.S. to participate in the [ACE Interface](#) train-the-trainers curriculum, through funding from [Prevent Child Abuse Minnesota](#). Since Feb 2013 they have presented this information to over 20,000 Minnesotans. [Minnesota Communities Caring for Children](#) empowers parents and communities to build supportive relationships, nurture children and prevent child abuse and neglect. It's the umbrella organization for [Prevent Child Abuse Minnesota](#) and the [Minnesota Circle of Parents](#).

[Minnesota Peacebuilding Leadership Institute](#) facilitates STAR Training-Strategies for Trauma Awareness and Resilience which is an evidence-based training integrating neuropsychology, trauma healing and resilience, restorative justice, nonviolent conflict transformation, and trauma-informed systems and communities.

[The Tribal NEAR \(Neurobiology, Epigenetics, ACEs & Resiliency\) Science and Community Wisdom Project](#) was a one-year project in 2015 -2016 funded by Blue Cross Blue Shield of Minnesota Center for Prevention. White Earth was one of two reservations chosen to participate.

State Initiatives

[Minnesota Communities Caring for Children \(MCCC\)](#)

Local Initiatives

[Winona ACEs Initiative](#)

Legislation

[Minnesota State 245.4889, 2017](#) — Eligible services under children's mental health grants include training for parents, collaborative partners, and mental health providers on the impact of ACEs and trauma.

Find links and add your updates to all initiatives and legislation at www.bit.ly/ACEsInitiatives

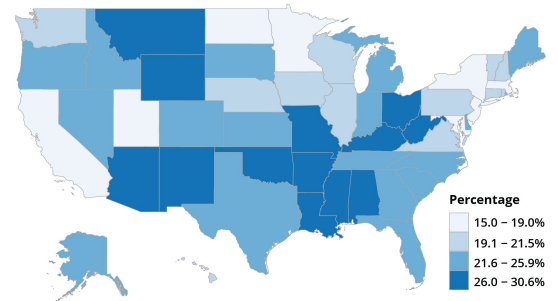


16.8%
MN*

21.7%
USA

Percent of children with 2 or more ACEs

MN ranks 6th in the US for lowest percentage of children with ACEs scores of 2 or more.



CAHMI (Child & Adolescent Health Measurement Initiative) surveys parents or guardians about their children ages 0-17.

Percentage of children aged 0-17 yrs. who experienced two or more of the following:

- Hard to get by on income (somewhat or very often)
- Saw or heard violence in the home
- Victim/witness of neighborhood violence
- Lived with anyone mentally ill, suicidal, or depressed
- Lived with anyone with alcohol or drug problem
- Parent/guardian divorced or separated
- Parent/guardian died
- Parent/guardian served time in jail
- Often treated or judged unfairly due to race/ethnicity

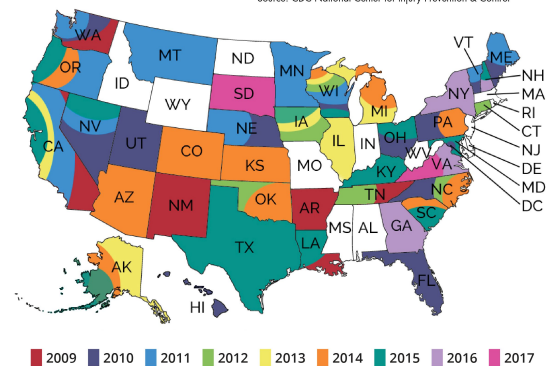
Citation: Bethell, CD, Citation: Bethell, CD, Davis, MB, Gombojav, N, Stumbo, S, Powers, K. Issue Brief: A national and across state profile on adverse childhood experiences among children and possibilities to heal and thrive. Johns Hopkins Bloomberg School of Public Health, October 2017.

www.cahmi.org/projects/Adverse-childhood-experiences-aces

* State Range: 15.0% - 30.6%

States Collecting ACEs Data 2009 - 2017

Source: CDC National Center for Injury Prevention & Control



The ACEs module of Behavioral Risk Factor Surveillance Survey (BRFSS) data comes from interviews with adults about their experiences to age 18. BRFSS is sponsored by the CDC and other federal agencies.