Where is Winona?

SE corner of the state and part of the Driftless Area nestled among the bluffs.

26,000 residents and is home to Winona State University, St. Mary’s University and SE MN Community and Technical College

County seat for Winona County - 40,000 residents
Winona County Family Services and Children's Mental Health Collaborative

Formed in 1995

**Mission:** To develop an integrated network of supports and services which strengthen children, youth and families

**Purpose:** To promote systems integration, enhance prevention and intervention services and reduce out of home placements by utilizing local supports and services
Collaborative Board
Meets Quarterly

Representatives include:
All three Winona County School Districts
Winona County Community Services
Hiawatha Valley Mental Health Center
Family and Children's Center
City of Winona
Semcac Head Start
Collaborative Priorities

Early Intervention and Preventative Services
• Baby Connections- Home visiting for all families with newborns
• Family Resource Workers in schools
• School Linked Mental Health Services

Family Supports
• Flex Funds

School Readiness
• Ready Set School
• Enrichment/athletic scholarships
Current Funding

LCTS revenue went from $700,000 annually in the late 1990’s to $120,000 annually

Impact:

No paid staff- Winona County remains fiscal agent and school district provides support as in kind to manage the time study and distribute funds as recommended by the Collaborative board

Reduction in funding for services=less programs
Current Collaborative Funded Programs

- School Linked Mental Health Services
- Ready Set School
- Flex Funds
- Out of School Scholarships

In 2017, the Collaborative began working with the ACES Initiative and so the story begins.....
ACEs begins in Southeast MN

- IV-E BSW Child Welfare Coordinator at Winona State
- Second ACEs cohort - September 2014
- Let the Presentations begin. . . .
TALK TO ANYONE!

- Who has a meeting?
- Get on their agenda

60+ community presentations (3/15 - 5/17)
Other outreach strategies
Beginning of Winona ACEs Initiative

**Mission:** Leading a holistic movement to infuse the greater Winona area with trauma-informed practices.

**Vision:** Increasing understanding of ACEs across all community sectors to build resilience and hope for future generations.

- Hosts monthly meetings to identify resources and areas of need
- Coordinates and shares information through the ACEs Initiative listserv
Initial Accomplishments of ACEs Initiative

• Shared knowledge and resources
• Connecting with the Winona County Family Services and Children's Mental Health Collaborative
• Train the Trainer
• Community Wide presentation on building self healing communities
• Outreach to wider populations
Role of the Collaborative in ACEs work in our community

- Serves an administrative function
- Coordinates requests for ACEs presentations
- Provides funds for printed materials, trainings
- Maintains connection to DHS collaboratives resources
ACES Awareness Expands in 2017-2018

- Winona Area Public Schools requires all staff to attend ACES Training
- Winona Area Learning Center provided orientation for all staff on the Compassionate School model
- November 2017 - 32 staff from Winona Area Public Schools attend a two day trauma informed school conference
- MN SE Tech College- all staff and faculty did 2 hour introduction session on March 28, 2018
- Semcac Head Start Staff receive ACES training
The results

Since August 2017- the 30 ACES Interface trainers have presented to over 50 groups and have reached 1,522 individuals.

Presentations have been made to:

- PreK -12
- Universities
- Businesses
- Service organizations
- Public health
- Public library
- Foster care parents
- Head Start
- Corrections
- County Jail
- Workforce center
- Addiction support groups
- Child care centers and providers
ACEs Connection is a social network that accelerates the global movement toward recognizing the impact of adverse childhood experiences in shaping adult behavior and health, and reforming all communities and institutions -- from schools to prisons to hospitals and churches -- to help heal and develop resilience rather than to continue to traumatize already traumatized people.
Winona (MN) ACEs Initiative

Our holistic movement increases the understanding of ACEs across all of our community sectors to integrate trauma-informed practices and provide hope for future generations.

Blog Posts

Winona Child Abuse Awareness Walk - April 24

ANNE VANDE BERG  ·  4/20/18  @  2:07 PM

The Child Abuse Awareness Walk will be held on Tuesday, April 24th at 4:30 PM - rain or shine. We will meet at the Gazebo on the Winona State University campus and do a short walk around town. Come join the community as we celebrate Child Abuse Awareness month in April. This is put on by the Child Abuse Prevention Council of Winona County.
Winona Community Outreach Planning by Sectors

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<th>Sector and Sub-sectors</th>
<th>Example Attributes</th>
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<td>Gender (LGBTQ)</td>
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<td>Race or Ethnicity</td>
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<td>Civic (City/County admin)</td>
<td>Economic Class</td>
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<td>Community Service Organizations</td>
<td>Geography (Urban, rural, suburban)</td>
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<td>Community Initiatives</td>
<td>Generation (Age)</td>
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<td>Recreational Clubs &amp; Organizations</td>
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<td>Youth Organizations</td>
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This is the cover page for this document. Scroll across the tabs below to see sector and subsectors listed and enter data about organizations to reach out to in your community. Filter (also referred to as Equity) to make sure you're reaching all parts of your community.
Welcome to your Sonoma County ACEs Connection Community Tracker!

What is this?
This tracker measures the progress of your ACEs initiative. It maps ACEs science presentations by location, sector, subsection, date and presenter. Using 11 milestones, it also tracks the progress of organizations in your community as they transition to becoming trauma-informed.

What's included in this app?
1. ACEs Science Presentations
   1. **Presentations Map** — Get a bird’s eye view of all presentations, and data about each presentation. Organize the presentations by sector and subsector.
   2. **Presentations Data** — Search by sector, subsector, presenter, organization, and date.
Looking forward..

- New outreach methods
- Continuing outreach to other sectors/groups
- Presenter Training 2.0
- Working with Winona State University into content theme
- Stakeholder meeting to share data related to community issues
- Community Data tracker helping with next steps
The Community Resilience Cookbook

Recipe for Resilience

Health Federation of Philadelphia

1. Someone starts
2. Local efforts
3. Engage local leaders
4. Steering committee
5. ACEs Connection group
6. Make History
7. Collective Impact
8. Local Resources
9. Mission, goals, action
10. Slogan
11. Local date, local urgency
12. Communication tools
13. Public meetings
14. Local Funding
15. Walk the talk
16. Presenters
17. Educate. Present.
18. Local ACE Survey
19. Feedback
20. Summits, Learning circles
Questions?