

Tribal NEAR Science & Community Wisdom Project

Neurobiology, Epigenetics, Adverse Childhood Experiences, Resiliency



Objective

Grassroots, community-driven effort to build capacity of tribal communities to exercise self-determination through addressing the challenging health and social issues related to childhood trauma and adversity

- White Earth
- Fond du Lac
- Leech Lake
- Lower Sioux Community
- Mille Lacs



Project Design

- Building Capacity toward Self-Healing
- Recognizing and Utilizing Community Wisdom as Primary Driver
- Ensuring Sustainability through Community Ownership
- Empowerment through Self-Efficacy

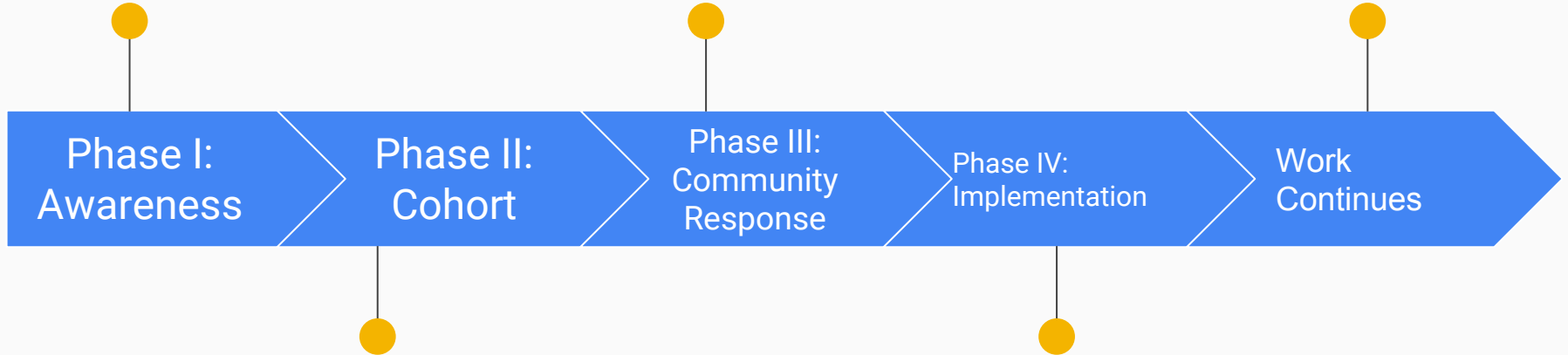
Those most affected
are driving the
solution

What does this look like
in your community?

Shared Understanding,
Shared Language
Across Sectors,
Empowerment

Those most affected &
know community best are at
the table sharing expertise;
Builds Self-Efficacy

Communities of Practice: ACE
Interface Certified Presenters,
Community understanding
drives conversations with
trauma-informed lens



Increasing Capacity
Draws upon existing
knowledge, relationships
Ensures sustainability

Building upon existing
efforts, strengthening
collaboration, creating
initiatives together
Community ownership

WHO and HOW
needs to come
before WHAT

What does the
work look like?

PROMOTION OF
PARADIGM SHIFT
AT ALL LEVELS

- RESPECT
- Empowerment
- Cultural Humility
- Compassionate
Accountability
- Relational Trust
- Social-Emotional
Learning/Ongoing
Skill-building
- Holistic Wellness

Cultural Humility

Giving up one's power and humbly recognizing the need to continually engage in self reflection

Cultural Competency

vs.

Cultural Humility

I'm the expert

You're the expert

Focus on end product

Life-long process

Objective set of "best practices"

Subjective set of "best practices"

(Sam Simmons)

Compassionate Accountability

Helps us seek truth, understanding, forgiveness, justice, humility

How do we hold someone accountable when it isn't clear what we're holding them accountable for? ---> NEED to identify TRAUMA first!

Compassion without Accountability encourages CHAOS

Accountability without Compassion results in Complacency, Self-Serving
Swinging back and forth - Not consistent or clear

(Sam Simmons)

Relational Trust

“The mutual and interdependent respect that results when people feel safe, believe that everyone has something to offer, and are confident that each person is willing to offer time and expertise for movement toward success.”

(Dr. Chuck Salina, Gonzaga University)

HOPE, HELP, HEALING for ALL!

Continued Shared Learning

Ripple Effects

Initiating & Continuing Conversations

Shared Purpose:

Networking/Cross-sector Learning

Empowerment of Individuals,
Families, Communities