

MISSION MOMENT



Minnesota Communities Caring for Children hosted the 2018 Unsung Hero Awards in honor of National Parent Recognition Month on February 22nd at the Minnesota State Capitol. This event celebrates the great contributions parents make to our communities by publicly recognizing, celebrating, and honoring these **Unsung Heroes**. They are parents and professional partners building on the strengths of families and promoting healthy childhood development by doing so.

Parent Leadership is possible when parents have the knowledge and skills that empower them to function in meaningful leadership roles. This "**parent voice**" helps shape the lives of families and communities, and can direct programs and policies that impact them.

NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)



Save the Date

Tuesday, April 24, 2018 8:00 – 9:00 a.m.
Check-in starts at 7:30 a.m.

Lake Calhoun Event Center
at St. Mary's Greek Orthodox Church
3450 Irving Ave S
Minneapolis, MN 55408

Learn more and register for the event at

Thank You to Our Current Sponsors:



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GET READY FOR CHILDHOOD ABUSE PREVENTION MONTH



Help #GreatChildhoods Happen This April!

April is Child Abuse Prevention Month, a national month dedicated to recognizing the ways that people can get involved in the healthy development of children. Prevent Child Abuse America and Minnesota Communities Caring for Children are spreading the message that everyone plays a role in helping great childhoods happen.

Get involved with child abuse prevention by taking part in activities like mentoring children and parents, advocating for family-friendly policies, and donating time and money.

30 Ways In 30 Days



A study commissioned by Prevent Child Abuse America shows that only 27% of Americans report that they are engaged in prevention. However, that same study showed that **80%** of Americans reported **donating** goods, money or time to an organization supporting children and families, **70%** reported **volunteering** with children through places of worship, schools, and sports or academic clubs, and **56%** provided **mentorship** to a child in their family, neighborhood, or community.

"These numbers show that many people are already involved in activities that prevent child abuse and neglect, they just don't realize it," said Dan Duffy, President and CEO of Prevent Child Abuse America. Learn more about how your actions can help spread the word about how prevention can make a difference for Minnesota children and families by sharing the **30 Ways in 30 Days** campaign.

Ready Your Pinwheels

Pinwheels are the national symbol of child abuse prevention and a visible reminder of the happy and healthy childhood that all children deserve. Each year, advocates and community partners in Minnesota plant pinwheel gardens in recognition of Child Abuse Prevention Month. When we invest in healthy child development, we are investing in community development. Order your pinwheels for Child Abuse Prevention month [here](#).



Turn Minnesota Blue



On **Friday, April 6th**, Minnesota Communities Caring for Children is participating in **#WearBlue** 2018, a day dedicated to celebrating child abuse prevention efforts across the country. Wear your favorite blue jeans, blue hoodies, blue hair, blue it all! Show everyone your support by joining with organizations and individuals across the country to bring awareness to prevention.

16th Annual *Pinwheels for Prevention Awards*

Each year, Minnesota Communities Caring for Children spotlights tribes and communities statewide that have consistently worked to create safe and healthy environments for children. The Pinwheels for Prevention Award is presented annually to recognize communities that exemplify a strong commitment to the prevention of child maltreatment through collaborative efforts. Work at the community level is crucial to creating environments where families and children thrive. Please submit your nominations by Friday, March 16, 2018, to mweaver@pcamn.org.



[Download Application Form Here](#)

THANK YOU TO THE OTTO BREMER TRUST



The Otto Bremer Trust (OBT), based in St. Paul, Minn., has awarded \$35,700 to Minnesota Communities Caring for Children in the most recent grantmaking cycle to invest in people, places, and opportunities in the Upper Midwest. The funds are for a new "constituent database" for donors and clients. The OBT is a private charitable trust established in 1944 by founder Otto Bremer, a successful banker and community business leader. Since its inception, OBT has invested more than \$600 million in organizations throughout Minnesota, North Dakota and western Wisconsin.

UPCOMING EVENTS & TRAININGS

Take me Out to the Ball Game!

Game Details:



Sunday, August 19, 2018 at 1:10 pm
MN Twins vs Detroit Tigers

For every \$ 20 ticket purchased, MCCC will receive a \$ 5 donation. Children under 30 inches tall are free. Seats are in the Grandstand.

Deadline to Register is July 13, 2018

Please share this invitation with friends, family and colleagues – we would love to have a huge crowd showing their support at the game! [Register here.](#)

Tonic Sol-Fa and Shaun Johnson Big Band Experience



Location: Main Theatre
Date: Thursday, April 12, 2018
Time: 7:30PM
Prices: \$ 38

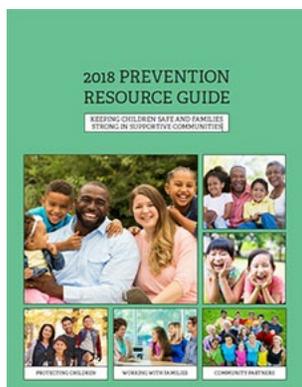
"Hello big band, meet your new friend, a cappella." Tonic Sol-fa Big and Shaun Johnson Big Band Experience return to the Ames Center! Two distinct shows share the stage for one night – highlighting Emmy Award-winning vocals and the red hot and rebellious beat of the big band era.

Tonic Sol-fa has established itself not only as the most in-demand vocal group in the Midwest, but also one of the most successful independent acts in America. In addition to substantial CD sales of its own independent releases (2,000,000 copies sold), the group has toured extensively throughout the US and abroad.

Part of the proceeds from the night will go towards Minnesota Communities Caring for Children to support child abuse prevention efforts in Minnesota as a part of Child Abuse Prevention month.

[Purchase Your Tickets Today](#)

NEWS YOU CAN USE



2018 Prevention Resource Guide

The guide was designed to support service providers as they work with families to promote child well-being and prevent child maltreatment. It focuses on protective factors that build on family strengths to foster healthy child and youth development.

[Download a copy](#) of the *2018 Prevention Resource Guide* today.

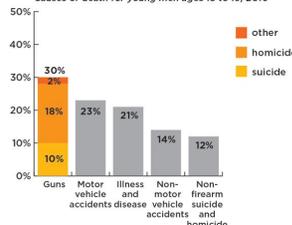
Data Point: Gun Violence Is The Most Common Cause Of Death For Young Men

By: Child Trends
Author: Natalia Pane

"In the United States, 30 percent of deaths in 2016 among young men ages 15 to 19 can be attributed to gun violence. This is significantly higher than the percentage of young men who died in motor vehicle accidents (23 percent), or of illness or disease (21 percent). All other causes of death (including non-motor vehicle accidents like drowning and poisoning) made up 26 percent of deaths

Gun violence is the most common cause of death for young men

Causes of death for young men ages 15 to 19, 2016



Source: Centers for Disease Control and Prevention, National Center for Health Statistics, Underlying Cause of Death 1999-2016 on CDC WONDER Online Database, released December 2017. Data are from the Multiple Cause of Death Files, 1999-2016, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program.

in 2016."

[Continue reading here](#)



Mark your 2018 calendars! 16th annual Community Conference on the Brain: Building Resilience in a High-Stress World Featured Presenter– Jim Sporleder

Thursday, April 19th, 3:15–8:30 p.m.
Willmar High School

Jim Sporleder retired in 2014 as Principal of Lincoln High School in Walla Walla, WA. Under Jim's leadership, Lincoln High School became a "Trauma Informed" school, gaining national attention due to a dramatic drop in out of school suspensions, increased graduation rates and the number of students going on to post-secondary education. These dramatic changes at Lincoln caught the attention of Jamie Redford, who spent a year filming the documentary, Paper Tigers, which tells the Lincoln story. The documentary was released at the May 2015 Seattle International Film Festival and received positive reviews.

Talking to Children About Violence: Tips for Parents and Teachers

By: National Association for School Psychologists

"High profile acts of violence, particularly in schools, can confuse and frighten children who may feel in danger or worry that their friends or loved-ones are at risk. They will look to adults for information and guidance on how to react. Parents and school personnel can help children feel safe by establishing a sense of normalcy and security and talking with them about their fears.

1. Reassure children that they are safe.
2. Make time to talk.
3. Keep your explanations developmentally appropriate.
4. Review safety procedures.
5. Observe children's emotional state.
6. Limit television viewing of these events.
7. Maintain a normal routine."

NASP School Psychologists **Talking to Children About Violence: Tips for Parents and Educators**

Families and school personnel play a critical role in helping to reestablish a sense of normalcy and security for children after an act of violence occurs. Follow these key reminders and visit www.nasponline.org/children-and-violence to learn more.

- Reaffirm Safety**
Emphasize that schools are very safe. Let children speak about their feelings and validate all reactions to the event. Support the appropriate expression of their feelings and help to put them in perspective.
- Make Time to Talk**
Let children's questions guide the information provided. Be patient and look for clues that a child wants to talk. Young children may need concrete activities (e.g., imaginative play) and some older children may prefer writing or playing music.
- Keep Explanations Developmentally Appropriate**

Early Elementary Provide simple information balanced by assurance of safety.	Upper Elementary & Early Middle Answer questions and assist in separating reality from fantasy.	Upper Middle & High Emphasize student role in safety & how to access support.
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- Review Safety Procedures**
Help children identify one adult at school and in the community that they can go to if they feel threatened or at risk. Review procedures and safeguards in school and home settings.
- Observe Children's Emotional State**
Some will not express themselves verbally but changes in behavior, appetite, or sleep patterns can indicate anxiety or stress. Seek help from a mental health professional for those with more intense reactions.
- Maintain a Normal Routine**
Keep a regular schedule to assure and promote physical and mental health. Encourage maintenance of school work and extracurricular activities but do not push children if they seem overwhelmed. Limit TV exposure.

For additional guidance, visit www.nasponline.org/children-and-violence.
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[Continue reading here](#)

DONATE NOW!

Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

REMEMBER CHILD ABUSE IS 100% PREVENTABLE

Minnesota Communities Caring for Children
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota
(651) 523-0099 | pcamn@pcamn.org | www.pcamn.org

