

MISSION MOMENT

"One of the groups I and my co-trainer presented for was a group from an early childhood background. As we discussed how ACEs can affect our behaviors, it was exciting to hear the comment, 'Oh, that would explain some behavior we have as soon as they walk through the door.' Being an ACEs trainer is important to me for that very reason; if I can help someone to have a better understanding of what ACEs are, what their impact on our lives are, and how to help build resiliency in others to overcome them, then I know I will have made a difference in opening the door to the acceptance and understanding of others."

– ACE Interface Presenter from Leech Lake, MN.

Child abuse can be prevented when parents and caregivers understand how childhood trauma impacts their own families and communities. The Tribal Wisdom Project develops the capacity of tribal communities in Minnesota to address trauma and promote healing through raising awareness around Adverse Childhood Experiences (ACES) and building resiliency.

NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)



February is National Parent Leadership Month!

Do you know an individual or organization dedicated to empowering parents that you would like to see recognized for their great work? Nominate them today using the short application form below!

Please submit your nomination to no later than **January 26, 2018** to Francheska Salcedo at fsalcedo@pcamn.org. Thank you for joining us to honor community champions!

[Download Application Form Here](#)

16th Annual MN Pinwheels for Prevention Tribe/Community Awards



Each year, Minnesota Communities Caring for Children spotlights tribes and communities statewide that have consistently worked to create safe and healthy environments for children. The Pinwheels for Prevention Award is presented annually to recognize communities that exemplify a strong commitment to the prevention of child maltreatment through collaborative efforts. Work at the community level is crucial to creating environments where families and children thrive. Please submit your nominations by Friday, March 16, 2018, to mweaver@pcamn.org.

[Download Application Form Here](#)

Our Annual Report to the Community

In Fiscal Year 2017 (July 1, 2016 – June 30, 2017), MCCC's prevention programs reached more than 3,500 parents and children statewide. Whether you are a donor, volunteer, event attendee, or a partner with us – your support makes it possible to fulfill our vision of creating a Minnesota where all children can have a healthy future. To learn about all we have accomplished last fiscal year, check out our Fiscal Year 2017 [Annual Report](#).

Minnesota Communities Caring for Children
Annual Report to the Community
Fiscal Year 2017



Reducing ACEs & Building Resilience in Washington State Webinar

With Lowell Johnson, ACEs Resiliency Coalition; Emily Clary, Minnesota Communities Caring for Children

January 18th, 9:00–10:30 a.m. CT

Learn about significant progress being made in reducing the impact of Adverse Childhood Experiences (ACEs), early childhood trauma, through examples of some of the successes that three communities experienced in Washington State, and sharing conversations with people doing this work in Washington State.

[Register for the webinar here](#)

Izzy's Ice Cream 13 Days of Giving 2018

Feb. 18, 2018

Izzy's Ice Cream
2034 Marshall Ave.
St. Paul, MN 55104



MCCC was selected as a nonprofit recipient for the fifth annual Izzy's 13 Days of Giving in February. On Sunday, Feb. 18, 2018, Izzy's will donate \$2 from every single scoop in a cake, sugar, waffle cone or cup of ice cream to MCCC in support of MCCC's programs and services. Be sure and stop in, enjoy some delicious ice cream, and support MCCC on Feb. 18!

Who Eats Ice Cream in the Winter? You Do! And You Want to Know Why You Do?

You already know that...

1. You don't have to worry about it melting.
It's a race against time in the summer, but you have all the time in the world during the winter.
2. You won't have to wait in line.
Immediate gratification for those smart enough to indulge during Minnesota winters.
3. You're already cold!
Why not?

STAR-Lite Training: Learning Strategies for Trauma Awareness and Resilience in a Single Day

Friday February 23, 2018, 8:30am–4:30pm in Saint Paul.



STAR-Lite is a single-day evidence-based training integrating neuropsychology, trauma healing and resilience, restorative justice, nonviolent conflict transformation, and broadly defined spirituality. Everyone is welcome to join Minnesota Peacebuilding Leadership Institute at this free training that is paid for by generous grants from The Saint Paul Foundation and the F. R. Bigelow Foundation. Space is limited to 60. Optional CEs and CLEs available for a small fee. Pre-registration is required. For details and online [registration](#).

Sponsored by [Minnesota Peacebuilding Leadership Institute](#).

[Link to Additional Resource](#)

Save the Date! *Imagine If...*Breakfast

Location: St. Mary's Greek Orthodox Church



3450 Irving Ave S
Minneapolis, MN 55408
Date: April 24, 2018

If you're interested in learning more about Minnesota Communities Caring for Children, we invite you to join other community leaders, business professionals, and philanthropic donors at our April Imagine If... Breakfast.



Take me Out to the Ball Game!

Game Details:
Sunday, August 19, 2018 at 1:10 pm
MN Twins vs Detroit Tigers

For every \$20 ticket purchased, MCCC will receive a \$5 donation. Children under 30 inches tall are free. Seats are in the Grandstand.

Deadline to Register is July 13, 2018

Please share this invitation with friends, family and colleagues – we would love to have a huge crowd showing their support at the game! [Register here.](#)

NEWS YOU CAN USE



Preschool Pays Off for Two Generations

By ChildTrends

"Early childhood care and education in the United States can be expensive. The average cost of care alone ranges from \$9,000 a year to a high of more than \$23,000. A new study suggests that some high-quality programs are making a difference and yielding a big payoff.

[Continue reading here](#)

Research Review: Childhood Trauma and its Effects on Mothers in Home Visiting Programs

By Prevent Child Abuse America



Each month Prevent Child Abuse America's Chief Research and Strategy Officer, Dr. Bart Klika, does a quick run-down of emerging research related to child abuse and neglect prevention. In this inaugural installment, Dr. Klika walks through some of the recent research into the effects of childhood trauma and how the lasting effects of this trauma is impacting mothers who participate in home visiting programs.

[Watch the video here](#)



Talking to Boys the Way We Talk to Girls

By Andrew Reiner

"Why do we limit the emotional vocabulary of boys?"

We tell ourselves we are preparing our sons to fight (literally and figuratively), to compete in a world and economy that's brutish and callous. The sooner we can groom them for this dystopian future, the better off they'll be. But the Harvard psychologist Susan David insists the opposite is true: 'Research shows that people who suppress emotions have lower-level resilience and emotional health.'

How can we change this? We can start, says Dr. David, by letting boys experience their emotions, all of them, without judgment – or by offering them solutions. This means helping them learn the crucial lessons that 'Emotions aren't good or bad' and that 'their emotions aren't bigger than they are. They aren't something to fear.'

Continue reading here

DONATE NOW!



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

REMEMBER CHILD ABUSE IS 100% PREVENTABLE

Minnesota Communities Caring for Children
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota
(651) 523-0099 | pcamn@pcamn.org | www.pcamn.org



SIGN UP FOR
OUR EMAILS



SHARE THIS
EMAIL

