

MISSION MOMENT

In January, MCCC Parent Leaders began their second year on the Parent Leadership for Child Safety and Permanency (PLCSP) team. This year the team will apply what they've learned from their first year of trainings and reinvest that knowledge back into their communities through community investment projects and advocacy for policy and systems change. Some of the personal goals of Parent Leaders for the upcoming year include:

"Develop more leadership skills, [and] help create policies to educate parents on preventing abuse and out of home placements."

"I hope to gain knowledge, experience, and support through other parent leaders to help me make change that betters the world for children and families."

"I want to start a network for kinship foster parents."

Looking back on the past year, our Parent Leaders have grown tremendously in both their understanding and desire to change themselves, their families, their communities, and family service systems. We are excited to continue to see them foster one another's growth and achieve their goals!

NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)



Save the Date

Tuesday, April 24, 2018 8:00 – 9:00 a.m.
Check-in starts at 7:30 a.m.

**Lake Calhoun Event Center
at St. Mary's Greek Orthodox Church
3450 Irving Ave S
Minneapolis, MN 55408**

**Learn more and register for the event at
www.mcccimagineifbreakfast.eventbrite.com
or call us at 651-523-0099**

February is National Parent Leadership Month!



[Deadline Extended to February 9, 2018](#)

Do you know an individual or organization dedicated to empowering parents that you would like to see recognized for their great work? Nominate them today using the short application form below!

Please submit your nomination no later than February 9, 2018 to Franckesha Salcedo at fsalcedo@pcamn.org. Thank you for joining us in honoring community champions.

[Download Application Form Here](#)

16th Annual MN Pinwheels for Prevention Tribe/Community Awards



Each year, Minnesota Communities Caring for Children spotlights tribes and communities statewide that have consistently worked to create safe and healthy environments for children. The Pinwheels for Prevention Award is presented annually to recognize communities that exemplify a strong commitment to the prevention of child maltreatment through collaborative efforts. Work at the community level is crucial to creating environments where families and children thrive. Please submit your nominations by Friday, March 16, 2018, to mweaver@pcamn.org.

[Download Application Form Here](#)

Meet our new staff!



Rebecca Laesch
Regional ACE Training Coordinator – Northwest MN

Rebecca is completing a Bachelor's degree in Multidisciplinary Studies at the University of Minnesota. She has 20 years of extensive and diverse experience in community collaboration and is guided by the principles of acceptance, tolerance, and understanding. She believes in the inherent value of every person, and sees diversity as one of our greatest resources in creating healthier communities.

Rebecca will be coordinating the organization's ACE training partnership with Family Services and Children's Mental Health Collaboratives in the Northwest region of MN. She will assist with presenting in communities and training presenters across the state. Rebecca will also provide outreach and ongoing support and coaching to her local collaborative directors and trained presenters. Rebecca is excited at the opportunity of bringing the ACE Interface training to northern Minnesota.

Contact Rebecca Laesch: rlaesch@pcamn.org

UPCOMING EVENTS & TRAININGS

Izzy's Ice Cream 13 Days of Giving 2018 Feb. 18, 2018

Izzy's Ice Cream
2034 Marshall Ave.
St. Paul, MN 55104



MCCC was selected as a nonprofit recipient for the fifth annual Izzy's 13 Days of Giving in February. On Sunday, Feb. 18, 2018, Izzy's will donate \$2 from every single scoop in a cake, sugar, waffle cone or cup of ice cream to MCCC in support of MCCC's programs and services. Be sure and stop in, enjoy some delicious ice cream, and support MCCC on Feb. 18!

Who Eats Ice Cream in the Winter? You Do! And You Want to Know Why You Do?

You already know that...

1. You don't have to worry about it melting.
It's a race against time in the summer, but you have all the time in the world during the winter.
2. You won't have to wait in line.
Immediate gratification for those smart enough to indulge during Minnesota winters.
3. You're already cold!
Why not?

STAR-Lite Training: Learning Strategies for Trauma Awareness and Resilience in a Single Day

Friday February 23, 2018, 8:30am-4:30pm in Saint Paul.



STAR-Lite is a single-day evidence-based training integrating neuropsychology, trauma healing and resilience, restorative justice, nonviolent conflict transformation, and broadly defined spirituality. Everyone is welcome to join Minnesota Peacebuilding Leadership Institute at this free training that is paid for by generous grants from The Saint Paul Foundation and the F. R. Bigelow Foundation. Space is limited to 60. Optional CEs and CLEs available for a small fee. Pre-registration is required. For details and online [registration](#).

Sponsored by [Minnesota Peacebuilding Leadership Institute](#).



Take me Out to the Ball Game!

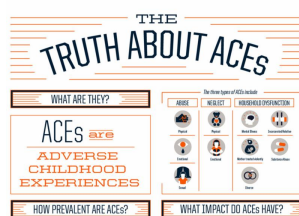
Game Details:
Sunday, August 19, 2018 at 1:10 pm
MN Twins vs Detroit Tigers

For every \$20 ticket purchased, MCCC will receive a \$5 donation. Children under 30 inches tall are free. Seats are in the Grandstand.

Deadline to Register is July 13, 2018

Please share this invitation with friends, family and colleagues – we would love to have a huge crowd showing their support at the game! [Register here](#).

NEWS YOU CAN USE



Reducing ACEs & Building Resilience in Washington State Webinar

With Lowell Johnson, ACEs Resiliency Coalition; Emily Clary, Minnesota Communities Caring for Children

Learn about significant progress being made in reducing the impact of Adverse Childhood Experiences (ACEs), and early childhood trauma, through examples of some of the successes that three communities experienced in Washington State, and sharing conversations with people doing this work in Washington State.

[Watch the full webinar here](#)

Supporting Children with Special Needs Webinar

With Mary Weaver, Director of Prevention Initiatives in Northern MN

Brain development in infancy and early childhood is the

foundation for a child's future development. Experiences teach the brain what to expect and how to respond. Trauma in early childhood teaches the brain to always be responding to threats.

The webinar goes over how early trauma impacts brain development, then discusses ideas, techniques, and accommodations for supporting children with special needs who've experienced trauma. The first steps to mitigating the impact of trauma is through awareness and understanding of trauma-informed practices.

[Watch the full webinar here](#)



SUPPORTING CHILDREN WITH SPECIAL NEEDS WEBINAR

Brain development in infancy and early childhood is the foundation of a child's future development. Experiences teach the brain what to expect and how to respond. Trauma in early childhood teaches the brain to always be responding to threats.

- Learn how early exposure to trauma impacts brain development
- Discuss ideas and techniques for supporting children with special needs who've experienced trauma
- Gain awareness and understanding of the issue as the first step towards trauma informed practice

To Find out More Information Contact
Mary Weavers: mweavers@pcama.org or 218.731.0705



**Mark your 2018 calendars!
16th annual Community Conference on the Brain:
Building Resilience in a High-Stress World
Featured Presenter- Jim Sporleder**

Thursday, April 19th, 3:15-8:30 p.m.
Willmar High School

Jim Sporleder retired in 2014 as Principal of Lincoln High School in Walla Walla, WA. Under Jim's leadership, Lincoln High School became a "Trauma Informed" school, gaining national attention due to a dramatic drop in out of school suspensions, increased graduation rates and the number of students going on to post-secondary education. These dramatic changes at Lincoln caught the attention of Jamie Redford, who spent a year filming the documentary, Paper Tigers, which tells the Lincoln story. The documentary was released at the May 2015 Seattle International Film Festival and received positive reviews.

In Minnesota, Recruitment of Native American Foster Homes Stymied by 'Lifetime Prohibitions'
by Christie Renick

"Shana King, a member of the Mandan, Hidatsa and Arikara Nation, spent more than three years in foster care as a teen. She lost her own children to the system during a struggle with heroin.

Since then, she has gotten her children back, bought a home, and received a national award for her work as a mentor. She badly wants to be a foster parent to American Indian children in Hennepin County, Minnesota's most populous metro area. But because of the drug history, the county says she can't.

"You can't have certain things in your background or on your record, even if you've changed your life around," King said. "But there is such need right now."

She is right about that. Minnesota's foster care totals have surged in recent years, and American Indian children are removed at vastly disproportionate rates compared to white children."

Shana King is a PLCSP graduate and was the keynote speaker at MCCC's Inaugural *Imagine if...* Breakfast.



[Continue reading the article here](#)



Research Review: Infant Safe Sleep and Neonatal Abstinence Syndrome
By Prevent Child Abuse America

Join Prevent Child Abuse America's Chief Research and

Strategy Officer, Dr. Bart Klika, as he does a quick run-down of emerging research related to child abuse and neglect prevention.

In this review, Dr. Klika briefs us on some recent research into two topics of interest to the child abuse prevention community: infant safe sleep and neonatal abstinence syndrome.

[Watch the video here](#)

[DONATE NOW!](#)



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

REMEMBER CHILD ABUSE IS 100% PREVENTABLE

Minnesota Communities Caring for Children
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota
(651) 523-0099 | pcamn@pcamn.org | www.pcamn.org



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