

MISSION MOMENT

Addressing the Root Causes of Childhood Trauma

Representative Rena Moran, our Director of Parent Leadership, introduced [Bill HF3246](#) to the Subcommittee on Childcare Access and Affordability on Wednesday, March 14th. The bill would create a task force on trauma informed policy and procedures to prevent and reduce children's exposure to adverse childhood experiences (ACEs). The task force would be tasked with creating a report of their findings.

Part of MCCC's mission is to advocate for public policies that promote the well-being of childhood health and safety. Our Chief Program Officer, Becky Dale, testified to the subcommittee about how in 1854 the physician John Snow identified that a public water pump was the source of a cholera outbreak in London. Once the source of the disease was discovered and the pump handle removed, the disease stopped being transmitted. The story illustrates the value of prevention. Rather than focusing all efforts on treating a public health crisis, whether it be cholera or child abuse, it's more efficient to address issues at the root cause. The purpose of the task force is to work with community stakeholders—human services, education, public health, juvenile justice, and criminal justice systems—to identify the root causes of child abuse and neglect in Minnesota. This collaboration will inform trauma-informed policy and practices that will support the health and well-being of all Minnesota families.

Help advocate for children and families in your community today! Speak up for policies, legislation and programs that promote healthy families and prevent child abuse and neglect. To learn more about how MCCC's public policy efforts or to get involved, please contact Roxanne Draughn, rdraughn@pcamn.org.

NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)



Save the Date

Tuesday, April 24, 2018 8:00 – 9:00 a.m.
Check-in starts at 7:30 a.m.

Lake Calhoun Event Center
at St. Mary's Greek Orthodox Church
3450 Irving Ave S
Minneapolis, MN 55408

Learn more and register for the event at
www.mcccimagineifbreakfast.eventbrite.com
or call us at 651-523-0099

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EAST MINNEAPOLIS EXCHANGE CLUB

GET READY FOR CHILDHOOD ABUSE PREVENTION MONTH



Help #GreatChildhoods Happen This April!

April is Child Abuse Prevention Month, a national month dedicated to recognizing the ways that people can get involved in the healthy development of children. Prevent Child Abuse America and Minnesota Communities Caring for Children are spreading the message that everyone plays a role in helping great childhoods happen.

Get involved with child abuse prevention by taking part in activities like mentoring children and parents, advocating for family-friendly policies, and donating time and money.

30 Ways In 30 Days



A study commissioned by Prevent Child Abuse America shows that only 27% of Americans report that they are engaged in prevention. However, that same study showed that **80%** of Americans reported **donating** goods, money or time to an organization supporting children and families, **70%** reported **volunteering** with children through places of worship, schools, and sports or academic clubs, and **56%** provided **mentorship** to a child in their family, neighborhood, or community.

"These numbers show that many people are already involved in activities that prevent child abuse and neglect, they just don't realize it," said Dan Duffy, President and CEO of Prevent Child Abuse America. Learn more about how your actions can help spread the word about how prevention can make a difference for Minnesota children and families by sharing the **30 Ways in 30 Days** campaign.

Ready Your Pinwheels

Pinwheels are the national symbol of child abuse prevention and a visible reminder of the happy and healthy childhood that every child deserves. Each year, advocates and community partners in Minnesota plant pinwheel gardens in recognition of Child Abuse Prevention Month. When we invest in healthy child development, we are investing in the future of our communities. Order your pinwheels for Child Abuse Prevention month [here](#).



Turning Minnesota Blue



On **Friday, April 6th**, Minnesota Communities Caring for Children participated in **#WearBlue 2018**, a day dedicated to celebrating child abuse prevention efforts across the country.



16th Annual Pinwheels for Prevention Awardees

Each year, Minnesota Communities Caring for Children spotlights tribes and communities statewide that have consistently worked to create safe and healthy environments for children. The Pinwheels for Prevention Award is presented annually to recognize communities that exemplify a strong commitment to the prevention of child maltreatment through collaborative efforts. Work at the community level is crucial to creating environments where families and children thrive.



African American Babies Coalition

Grant County Child & Youth Council

African American Coalition on Child Protection (AACCP)

Lifetrack

FamilyWise

Lincoln Park Children and Families Collaborative

Fond du Lac Band

Mt. Olivet Missionary Baptist Church

Carlton County Community Partners

Olmsted County

Fond du Lac Tribal Social Services

Minnesota Peacebuilding Leadership

Hubbard Broadcasting:

- KIKV FM & Cool FM in Alexandria
- KB101 FM, 95.5 KZY, or Z99 FM in Bemidji
- WJY-FM, B93.3, Cool 103.5, 107.5 The Power Loon in Brainerd
- KWAD and KKWS in Wadena

Institute

Quality Parenting Initiative (QPI) / ASPIRE MN

West Central Initiative Fund/Early Childhood Programs

THE FACES BEHIND THE WORK



Celebrating 25 Years of Promoting Childhood Well-Being

We are incredibly lucky to have Barb Sorum, our Director of Prevention Initiatives in Southern MN, working with us for the past 25 years.

As the Director of Prevention Initiatives for Southern Minnesota, Barb works extensively with family and community supportive services to strengthen awareness and prevention education efforts. Barb coordinates and facilitates regional trainings, coalition building, implementing system changes, supervision, and initiating evaluation and quality assurance. She works with community leaders and agencies to establish and guide the operations of parenting support and education programs through the Circle of Parents® statewide network.

In March, the National Board of Directors for Circle of Parents recognized Barb's extensive knowledge and dedication and unanimously voted her onto the Board.

Including Parent Voices on the MCCC Board

Brian Loch, current participant in the Parent Leadership for Child Safety and Permanency (PLCSP) Team, represents the parent voice on MCCC's Board of Directors. He is a single father of a beautiful daughter. He enjoys facilitating parenting groups, organizing community events, and being a Citizen Father as a member of the Father Project. He also enjoys being outdoors doing anything and everything with his daughter at his side. Things Brian and his daughter enjoy doing together include fishing, hunting, and gardening.



Having been adopted himself, Brian understands some of the issues facing children and families in today's world. His dedication to making a positive impact for all families makes him proud to be able to help those in need. Brian says that his proudest accomplishment is, "Seeing my daughter using the tools I've taught her."

We know that Brian's dedication to creating a more equitable society for children will shine through as a member of MCCC's Board.

UPCOMING EVENTS & TRAININGS

Tonic Sol-Fa and Shaun Johnson Big Band Experience

Location: Main Theatre
Date: Thursday, April 12, 2018
Time: 7:30 PM
Prices: \$38

"Hello big band, meet your new friend, a cappella." Tonic Sol-fa Big and Shaun Johnson Big Band Experience return to the Ames Center! Two distinct shows share the stage for one night - highlighting Emmy Award-winning vocals and the red hot and rebellious beat of the big band era.



Tonic Sol-fa has established itself not only as the most in-demand vocal group in the Midwest, but also one of the most successful independent

acts in America. In addition to substantial CD sales of its own independent releases (2,000,000 copies sold), the group has toured extensively throughout the US and abroad.

Part of the proceeds from the night will go towards Minnesota Communities Caring for Children to support child abuse prevention efforts in Minnesota as a part of Child Abuse Prevention month.

Purchase Your Tickets Today



Take me Out to the Ball Game!

Game Details:
Sunday, August 19, 2018 at 1:10 pm
MN Twins vs Detroit Tigers

For every \$20 ticket purchased, MCCC will receive a \$5 donation. Children under 30 inches tall are free. Seats are in the Grandstand.

Deadline to Register is July 13, 2018

Please share this invitation with friends, family and colleagues – we would love to have a huge crowd showing their support at the game! [Register here.](#)

NEWS YOU CAN USE

Saciido Shaie: 'America needed me, and I needed America' From City Pages

"One day, when Saciido Shaie and her daughter were driving in downtown Minneapolis, three men in a truck drove by. There was an air-splitting blat as they honked the horn. Then came a yell that Shaie still remembers.



'Go back to your country. We don't need you here.'

They drove off, but to say nothing more came of that moment would be to discount every other moment when somebody made her feel like she didn't belong. Shaie is originally from Somalia. There, her family had been rich. They had cars, businesses, a big house.

'All of that changed in a split second,' she says.

In 1990, civil war broke out. Suddenly, Somalia wasn't safe anymore. She became a refugee because her home was taken from her. Her country was taken from her. She came to America because they thought it was different than the rest of the world. America was a place where you could make something of yourself. They chose America because America was for people like her: people with potential."

[Continue reading the article here](#)

Saciido Shaie is a graduate of the first cohort of the Parent Leadership for Child Safety and Permanency (PLCSP) Team.



Mark your 2018 calendars!
16th annual Community Conference on the Brain:
Building Resilience in a High-Stress World
Featured Presenter- Jim Sporleder

Thursday, April 19th, 3:15-8:30 p.m.
Willmar High School

Jim Sporleder retired in 2014 as Principal of Lincoln High School in Walla Walla, WA. Under Jim's leadership, Lincoln High School became a "Trauma Informed" school, gaining national attention due to a dramatic drop in out of school suspensions, increased graduation rates and the number of students going on to post-secondary education. These dramatic changes at Lincoln caught the attention of Jamie Redford, who spent a year filming the documentary, Paper Tigers, which tells the Lincoln story. The documentary was released at the May 2015 Seattle

Child Abuse Prevention and Sexual Assault Awareness Month Public Service Announcements

Jeff Anderson & Associates pioneered the use of civil litigation to seek justice for survivors of child sexual abuse and is recognized as one of the nation's premier law firms to represent survivors of clergy sexual abuse. In honor of Child Abuse Prevention and Sexual Assault Awareness Month, they are rolling out one PSA a week.

Each PSA has a theme:

Week 1: "Power" dismantling the misconception that sexual abuse is a sexual relationship.

Week 2: "Disclosure" portrays disclosure as a process, not an event.

Week 3: "Awareness" raises awareness about the prevalence of abuse.

Week 4: "Healing" provides hope that healing is possible.



One upon a time, familiar fairy tales were re-imagined as delightful 40-minute musical theatre performances. Fidgety Fairy Tales – The Mental Health Musicals use gentle humor, great music, and compelling performances by talented youth to raise awareness about children's mental health.

The goals are to:

- Provide accurate information about mental health disorders using clear, accessible language
- Dispel the myths and reduce the fear and misunderstanding around mental health disorders
- Portray the strengths and struggles of children with mental health disorders
- Help families, friends, and communities respond with compassion, understanding, and support

Learn more about Twin Cities Tour Dates



Crisis Text Line

As of April 1, 2018, Minnesota's suicide prevention and mental health crisis texting services are now available 24 hours a day, seven days a week. People who text MN to 741741 will be connected to Crisis Text Line. Crisis Text Line handles 50,000 messages per month and over 20 million messages since 2013 from across the U.S., connecting people to local resources in their community. For callers who are the most in distress, average wait times for a response is only 39 seconds.

Tune in to the African American Babies Coalition

Did you know that Minnesota has some of the nation's highest racial disparities for prematurity, low birth weight, and infant mortality deliveries? Over the next several months, The African American Babies Coalition, through the Integrated Care for High Risk Pregnancy Initiative, will host a series of radio shows and webinars dedicated to addressing this issue. "Building the Hub of Wellness" is a six-part free webinar series that will explore topics related to low birth weight and infant mortality such as historical trauma, systemic barriers and social determinants of health. The series will run April-September; click here for a detailed schedule and information about how to join.

The Integrated Care for High Risk Pregnancy Initiative will also host a monthly

streaming radio show through Twin Cities Radio Network. The Hub of Wellness show will air the third Saturday of every month from March through October. Click here to listen to the first full episode. Future shows will be available on wilder.org. Contact Sameerah Bilal-Roby (Sameerah.Bilal-Roby@wilder.org) with any questions or for more information.

[DONATE NOW!](#)



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

REMEMBER CHILD ABUSE IS 100% PREVENTABLE

Minnesota Communities Caring for Children
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota
(651) 523-0099 | pcamn@pcamn.org | www.pcamn.org



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