



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

## MISSION MOMENT

Last year MCCC provided training about childhood trauma and resilience to more than 1,000 Minnesotans across 30 counties. Nearly 9 in 10 people who attended the training said that it will change how they do their work.

"I would like to see the [*Understanding ACEs*] training in the school system for the teachers; it will help them better understand the children and better help them. This should also be required for parents in parenting classes – to help them deal with their personal ACEs [Adverse Childhood Experiences] and learn to deal with and change that cycle." – MCCC Training Participant

## NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)

Please join us for our inaugural

# IMAGINE

*if...*

## Breakfast

Thursday, October 12, 2017  
8:00 - 9:00 a.m.

Midpoint Event Center  
415 Pascal St N, Saint Paul, MN 55104

The logo for Minnesota Communities Caring for Children is located at the bottom center of the poster. It features a circular arrangement of colorful handprints in various colors (red, blue, green, yellow, orange) around a central point. The text "Minnesota Communities" is written in a curve at the top, and "Caring for Children" is written in a curve at the bottom.

*We envision a state where all children are given the opportunity for a healthy future.*

# SAVE THE DATE

Thursday, October 12, 2017  
8:00 – 9:00 a.m.  
*Check-in starts at 7:30 a.m.*

**Midpointe Event Center**  
415 Pascal Street North  
Saint Paul, MN 55104

Learn more and register for the event at  
[www.mccciimageif.eventbrite.com](http://www.mccciimageif.eventbrite.com)  
or call us at 651-523-0099

If you would like to be a table captain or event sponsor please contact Kate Bailey at [kbailey@pcamn.org](mailto:kbailey@pcamn.org).

## Meet our new staff!

**Linsey McMurrin, Regional ACE Training Coordinator**

Linsey McMurrin is an enrolled member of the Leech Lake Band of Ojibwe. She is an organizer of the Bemidji Area Truth and Reconciliation Initiative, a grassroots effort to promote truth-seeking, healing, and change through increasing understanding and building relationships among area indigenous and non-indigenous communities. She is a strong advocate of social justice and community driven work, and believes that the development of cultural, social, and emotional competencies is integral to our well-being and ongoing success – as individuals, families, and communities.



Linsey will be coordinating the organization's ACE Interface training and Self-Healing Communities program partnership with Family Service Collaboratives and Children's Mental Health Collaboratives in the North Central region of MN. She also works with the Tribal NEAR Science and Community Wisdom Project and is the contact person for the Leech Lake cohort. Linsey assists with training of presenters across the state. Linsey will also provide outreach and ongoing support and coaching to her local collaborative directors and trained presenters.

Contact Linsey: [lmcmurrin@pcamn.org](mailto:lmcmurrin@pcamn.org) or 218.536.9236

## Evaluation and Community Education Manager

Dunia holds a Master of Public Health degree in Epidemiology from the University of Minnesota's School of Public Health. She also holds a Bachelor of Science degree in Biology and a Bachelor of Arts in Public Health



Sciences. Before starting at MCCC, Dunia has had two years of experience working on professional development projects and developing algorithms and protocols around intimate partner violence screening and response for home visiting professionals.

Dunia will support communication systems between MCCC and our ACEs Interface network of presenters. She will be the new point of contact for reporting ACE presentations, reflections and submitting evaluations. Dunia will be responsible for fielding presentation requests, tracking presenter certification requirements, assessing the

ongoing inquiries of the network, and sharing new content and announcements on an ongoing basis.

Contact Dunia: [ddadi@pcamn.org](mailto:ddadi@pcamn.org) or 651.523.0099, ext.114

## UPCOMING EVENTS & TRAININGS



### Circle of Parents Facilitator's Training–Metro Area

This is a FREE training, but registration is required. Last day to register is September 25th. Food will be provided, but not daycare.

**Date:** Thursday, September 28th

**Time:** Welcome at 8:30am

Training from 9:00am – 4:00pm

**Where:** Lifetrack Building

709 University Avenue W

Saint Paul, MN 55104

To register and for more information please contact: Lisa Deputie, [ldeputie@pcamn.org](mailto:ldeputie@pcamn.org) or 651.325.9391.



### STAR–Lite Training: Learning Strategies for Trauma Awareness and Resilience in a Single Day

Hosted by *Minnesota Peacebuilding Leadership Institute*

Friday, September 29, 2017, 8:30am – 4:30pm /

Minneapolis, MN

For more information and to register for the training click [here!](#)

Not enough time for the full [STAR Training](#)? Our STAR–Lite Training condenses the 4 ½ day STAR Training into a single–day. It is a good option for those who wish to learn the basics of becoming trauma–informed and resilience–oriented, yet aren't able to commit a lot of time. Optional CEs for Teachers, Mental Health Providers, and Nurses are available. Contact Minnesota Peacebuilding Leadership Institute if you require scholarship assistance to participate.



## Five Things to Know about Parental Depression

*Child Trends*

By: Jessica Dym Bartlett

"Depression is one of the most common mental health disorders in the United States, affecting over 16 million adults. The prevalence of depression among parents of children under age 18 is similar to that in the adult population generally. Both mothers and fathers

experience depression, and approximately 15.6 million children—1 in 5—live with an parent who is severely depressed.

Nearly a decade ago, a comprehensive report on the prevalence, treatment, and prevention of parental depression, by the National Research Council and Institute of Medicine, determined that untreated parental depression can impede children's health and development."

[Read the rest of the article here.](#)

## How to Ignore Your Kids' Bad Behavior and Yet Be Fully Present for Them

"The biggest holiday of the year for parents is not Thanksgiving or Christmas or Mother's Day or Father's Day. It's the day in September your kid goes back to school – or, as I call it, "Tag, You're It!" day. Very soon, for six sweet hours, five delicious days a week, we hand our children over to the loving ministrations of someone who isn't us. As that glorious day nears, this might be a good opportunity to look at a recent crop of books about parenting. How did you do this summer? Yeah, I know. Me too."



[Read the rest of the article here](#)

**DONATE NOW!**

***REMEMBER CHILD ABUSE IS 100% PREVENTABLE***

*With the support of individuals like you, we can eliminate child abuse in our state. Thanks for joining MCCC in providing better outcomes for our children and protecting our future.*

Minnesota Communities Caring for Children  
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota  
(651) 523-0099 | [pcamn@pcamn.org](mailto:pcamn@pcamn.org) | [www.pcamn.org](http://www.pcamn.org)



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