



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

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## MISSION MOMENT



*Roxy Foster just became a mentor to two members of MCCC's Parent Leadership (PLCSP) Team. When asked why she decided to serve as a mentor, Roxy said,*

"I have been on both side of the table; as a parent leader and as staff of MCCC. My journey started when my children were very young. I learned by experience through trial and error. I asked questions that made sense to me and may not have made sense to others. I learned to test my theories and questions on others, and these people then became my mentors.

As mentor for PLCSP parent leaders I hope to transfer my knowledge, to give parent leaders the tools they need to lead, the courage they need to ask questions and to create strategies, and find their own network/base to make a difference. Looking through the lens of change is not easy but always possible."

## NEWS FROM MINNESOTA COMMUNITIES CARING FOR CHILDREN (MCCC)

### Meet Sara Knapp, MCCC's New Board Chair!

By Judy Malmon, MCCC Board Member

Minnesota Communities Caring for Children (MCCC) is pleased to welcome Sara Knapp as its new Board Chair.

Sara, a Vice President of Marketing with U.S. Bank, has served as a board member since 2016.

When asked what compelled her to donate her considerable energy and enthusiasm to MCCC, Sara said, "I've always had a passion for creating a brighter future for kids, making sure they have the right tools to succeed as future leaders. MCCC impressed me with its programs providing leadership skills to parents. It all starts with the parents, and the direct impact to kids comes through parents. Parents can break the cycle of abuse or trauma, and pass that down to their kids, who pass it to their kids."



Sara describes MCCC's preventive approach, helping people to develop lifelong skills, as inspiring. "Being part of this, I feel I can make a difference. Even helping one person makes a huge difference. We're helping people to become the best version of themselves!"

Sara is excited to bring her background in marketing, as well as her extensive professional and personal networks to her new role, leading MCCC's Board in implementing a new 3-year strategic plan. She's looking forward to working closely with MCCC staff and the Board. "I'm compelled to help this organization launch its next chapter. The board is strong, open-minded, and willing to take it to the next level. I'm looking forward to what we can accomplish!"



## Workshop Looks At Childhood Trauma's Effect On Development

In June, MCCC's Barb Sorum teamed up with Debra Gohagan, Child Welfare Program Director at Minnesota State University to organize a workshop to educate child development advocates about the impact of [adverse childhood experiences \(ACEs\)](#) on their clients and what they can do to help them.

Debra believes that this presentation on ACEs was the first step and that future trainings will be necessary to shift mindsets about trauma and resilience. "Hopefully we're able to plant a seed of an idea that can transform the way in which we understand what happens to our children and the impact it can have on them in adulthood."

Read more about the training [here](#).



## Introducing Francheska Salcedo, MCCC's Program Assistant

*Francheska has a passion for people owning their stories and believing that everyone deserves to be heard. It is clear that Francheska shares many values with the organization including a desire for social justice. We're pleased to have her coming on board.*

My name is Francheska Salcedo and I am the new Program Assistant for MCCC as of July 5th, 2017. After working with MCCC as a temp and attending one of the PLCSP meetings, I knew I wanted to continue to work for this organization. I was moved by the purpose of the organization. Seeing how much positive impact it has on the parents who are a part of the program was inspirational. I'm hoping that with my communication, listening, and leadership skills, I can contribute to the growth and success of MCCC. I am honored for the opportunity to serve as the Program Assistant for MCCC.

I can be reached at [fsalcedo@pcamn.org](mailto:fsalcedo@pcamn.org).

## Save the Date! **Shared Leadership Training**

**When:** August 23rd, 9am-1 pm

**Where:** Lifetrack Building  
709 University Avenue W.  
Saint Paul, MN 55104

**Description:** This training is targeted to those who want to engage parents in meaningful ways, but don't know how. The training is open to the public.

For more information or to register, please contact Lisa Deputie at [ldeputie@pcamn.org](mailto:ldeputie@pcamn.org) or 651.325.9391.

## NEWS YOU CAN USE

### Providing Access To Child Care Means More Than Providing More Than Enough Slots

Last fall, a report by the Center for American Progress received significant media attention and raised awareness of an important concept regarding equity for U.S. children: the child care desert. A child care desert refers to an area with no or limited availability of child care centers for young children. The report sparked public conversation about the issue of geographic access to child care. Yet supply of child care centers and geographic location are just two of many elements in the complex issue of access to early care and education.

[Read the full piece here.](#)

Having access to child care means that for each family:

Care is easy to find and reasonably close.



Care is affordable.



Care is supportive of children's healthy development.



Available care meets parents' needs and desires.



Child Trends

## The Impact of HOPE

A new report titled *The Impact of HOPE* was recently published by Casey Family Programs. It was co-authored by Bart Klika, PhD, Prevent Child Abuse America's Chief Research and Strategy Officer, and Robert Sege, MD, PhD, PCA America Board Member titled "*Balancing Adverse Childhood Experiences (ACEs) With HOPE: New Insights into the Role of Positive Experience on Child and Family Development*".

This report presents evidence for HOPE (Health Outcomes of Positive Experiences) based on newly released, compelling data that reinforce the need to promote positive experiences for children and families in order to foster healthy childhood development despite the adversity common in so many families.

These data reflect upon the positive returns on investment that our society can expect as we make changes in policies, practices, and future research to support positive childhood environments that foster the healthy development of children.

The report contributes to a growing body of work – the *Science of Thriving* – that encourages us to better understand and support optimal child health and development.

[Read the full report here.](#)

Check out the Center for Advance Studies in Child Welfare for three new module series for your viewing.

Center for Advanced Studies  
in Child Welfare All of their modules are easily accessible for free online.

\* [Series 1](#): Moral Injury Among Parents and Professionals Involved in the Child Protection System

\* [Series 2](#): Delinquency Trajectories and Prevention with Crossover Youth

\* [Series 3](#): A Cross-Cultural Look at Stigmatization and Caregiver Relationships of Children with Disabilities

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***REMEMBER CHILD ABUSE IS 100% PREVENTABLE***

*With the support of individuals like you, we can eliminate child abuse in our state. Thanks for joining MCCC in providing better outcomes for our children and protecting our future.*

Minnesota Communities Caring for Children  
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota  
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