



Our mission is to **empower** parents and communities to build **supportive** relationships, **nurture** children, and **prevent** child abuse and neglect.

## MISSION MOMENT

"Being a single mother and not having family in MN/USA, when I go through some struggle in life, I have no one to vent out my stress to. This group helps me to vent out and also listening to other parent's struggle and makes me feel I am not the only one going through struggles. So I appreciate and am grateful for this group."

-Circle of Parents Participant

NEWS FROM MINNESOTA COMMUNITIES  
CARING FOR CHILDREN (MCCC)



*We envision a state where all children are given the opportunity for a healthy future.*

## SAVE THE DATE

**Thursday, October 12, 2017**  
8:00 – 9:00 a.m.  
*Check-in starts at 7:30 a.m.*

**Midpointe Event Center**  
415 Pascal Street North  
Saint Paul, MN 55104

Learn more and register for the event at  
[www.mcccimagineif.eventbrite.com](http://www.mcccimagineif.eventbrite.com)  
or call us at 651-523-0099

If you would like to be a table captain or event sponsor please contact Kate Bailey at [kbailey@pcamn.org](mailto:kbailey@pcamn.org).

**Introducing Emily Clary, MCCC's Director of ACE Collaborative Partnerships**

*As the new Director of ACE Collaborative Partnerships, what do you want to contribute to the organization?*

I am thrilled to have the opportunity to join the MCCC



team! I am deeply committed to the mission of the organization and excited to contribute my energy to the ACE Collaborative Partnership. Through this work, I will support practitioners, community members, and parents as they build their capacity to adopt trauma-informed practices and strategies that promote resilience and build protective factors in their personal lives, organizations, communities.

***Could you give a brief summary of the work you'll be doing around ACEs in Minnesota?***

As the Director of ACE Collaborative Partnerships, I will help the MCCC team develop and implement the Children's Mental Health & Family Services ACE Collaborative Partnership, in conjunction with MN Department of Human Services (DHS). My primary role will be to help coordinate and deliver training about ACEs, and to promote strategies that build resilience and protective factors to Collaborative partners across Minnesota.

***How has your life been impacted by learning about [ACEs](#)?***

From 2009 to 2015, I worked as the Jail Programs Outreach Coordinator and Program Developer at the Dakota County Sheriff's Office in Minnesota. In this role, I had the opportunity to learn about ACEs from Karina Forrest-Perkins. Ms. Forrest-Perkins helped me understand that the human brain can build resilience to ACEs, and further explained that there are ways to build resilience and protective factors into systems to support people who have experienced trauma. Her message gave me hope that individuals have the capacity to lead healthy lives, despite exposure to toxic stress and trauma, and helped me understand that there are ways to reduce and mitigate the harm of ACEs.

[Click here to read the full interview with Emily Clary](#)

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## **MCCC Parent Leaders in Washington, D.C.**

The Children's Bureau's annual Community Based Child Abuse Prevention Program (CBCAP) Grantee Meeting was held in Washington, DC in August. Charles Dixon and Joanne Mooney, CBCAP staff attended, as did Misty Littlewolff and Joanne Hodgeman. Ms. Hodgeman and Littlewolff are parent leaders from the Parent Leadership for Child Safety and Permanency (PLCSP) team which is a partnership between the Minnesota Department of Human Services Division of Child Safety and Permanency, and Minnesota Communities Caring for Children/Prevention Child Abuse Minnesota.

Dr. Jerry Milner, Associate Commissioner at the Children's Bureau, and the Acting Commissioner for the Administration on Children, Youth and Families gave the closing plenary at the grantee meeting. During his closing comments, Dr. Milner made a commitment of his administration to increase and enhance the agency's focus on primary prevention, which includes strengthening families and communities to prevent child maltreatment. He repeatedly mentioned the role of the CBCAP in these efforts. His speech was received with a standing ovation.



Joanne Hodgeman, Charles Dixon, and Misty Littlewolff



Dr. Milner with Misty Littlewolff, Joanne Mooney, and Joanne Hodgeman

## UPCOMING EVENTS & TRAININGS

### Save the Date! **Shared Leadership Training**

**When:** August 23rd, 9am-1 pm

**Where:** Lifetrack Building  
709 University Avenue W.  
Saint Paul, MN 55104

**Description:** This training is targeted to those who want to engage parents in meaningful ways, but don't know how. The training is open to the public.

For more information or to register, please contact Lisa Deputie at [ldeputie@pcamn.org](mailto:ldeputie@pcamn.org) or 651.325.9391.

### LUNAFEST short films



LUNAFEST is a program of nine short films by, for and about women and their roles in local, national, and international communities. Net proceeds of LUNAFEST will benefit Minnesota Peacebuilding Leadership Institute and Breast Cancer Prevention Partners. This event is sponsored by the Peacebuilding Leadership Institute and Women's Club of Minneapolis and is open to all.

**When:**

Tuesday, September 12, 6:30pm,

**Where:**

Woman's Club of Minneapolis Theater  
410 Oak Grove Street, Minneapolis

**Tickets:**

In advance - \$25. Tickets can be purchased [online](#).

## NEWS YOU CAN USE



### **Paid parental leave is rare, but good for kids.**

By Child Trends

"Despite widespread public support for paid family leave, very few U.S. workers have the opportunity to take paid time off after the birth or adoption of a child. The United States has no federal policy requiring employers to offer paid family leave. Just 14 percent of civilian

workers have access to paid leave of any kind through their employer, and workers making more than \$75,000 per year are more likely than others to have been paid while taking leave."

Read the full article [here](#).

## Resilience Is About How You Recharge, Not How You Endure

By Shawn Achor and Michelle Gielan



"As constant travelers and parents of a 2-year-old, we sometimes fantasize about how much work we can do when one of us gets on a plane, undistracted by phones, friends, and Finding Nemo. We race to get all our ground work done: packing, going through TSA, doing a last-minute work call, calling each other, then boarding the plane. Then, when we try to have that amazing work session in flight, we get nothing done. Even worse, after refreshing our email or reading the same studies over and over, we are too exhausted when we land to soldier on with the emails that have inevitably still piled up.

Why should flying deplete us? We're just sitting there doing nothing. Why can't we be tougher – more resilient and determined in our work – so we can accomplish all of the goals we set for ourselves? Based on our current research, we have come to realize that the problem is not our hectic schedule or the plane travel itself; the problem comes from a misunderstanding of what it means to be resilient, and the resulting impact of overworking."

Read the full article [here](#).

**DONATE NOW!**

***REMEMBER CHILD ABUSE IS 100% PREVENTABLE***

*With the support of individuals like you, we can eliminate child abuse in our state. Thanks for joining MCCC in providing better outcomes for our children and protecting our future.*

Minnesota Communities Caring for Children  
Home of Prevent Child Abuse Minnesota and Circle of Parents Minnesota  
(651) 523-0099 | [pcamn@pcamn.org](mailto:pcamn@pcamn.org) | [www.pcamn.org](http://www.pcamn.org)



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