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**Prevent Child Abuse
Minnesota**



CIRCLE of PARENTS®
Sharing Ideas. Sharing Support.

Prevention Works

Prevent Child Abuse Minnesota and Circle of Parents® eNews

September 2012

How Children Succeed

This past weekend, the **National Public Radio Show "This American Life"** featured Ira Glass interviewing author Paul Tough around the ideas in his new book "How Children Succeed: Grit Curiosity and the Hidden Power of Character." This "back to school" edition of This American Life looks at what the science of brain architecture and adverse childhood experiences tells us about what kids need in order to learn and thrive. This terrific one-hour look showcases great and surprisingly simple practices that are already working to give some kids a great start and even help those who've had a rough start to get back on track. Listen to the radio show [here](#), or find out more about Tough's book [here](#).

ParentPower

Join a Circle of Parents® Group Online or on the Phone

Have you always wished you could participate in a Circle of Parents group, but there isn't one close enough to you? Or do you know families who would like the information, support, and connection that Circle provides, but don't live close enough to get to one? Starting Tuesday, October 9th, Prevent Child Abuse Minnesota will pilot a "Live-by-phone-or-computer" Circle of Parents group on Tuesday mornings from 10-11 a.m. This pilot will be limited to a small group. If you are interested, send an e-mail to pcamn@pcamn.org with your name, e-mail address, and phone number, and we'll be in touch with you to set it up. If we have success with this pilot, we hope to try more of this approach in addition to the ongoing in-person Circle of Parents groups. *Please note: This pilot is open to Minnesota residents only.*

Circle of Parents Seeks Statewide Parent Advisory Team Members

As a participant in Circle of Parents, have you ever considered joining the Circle of Parents Advisory Team? The experience can be highly rewarding, and it's not as hard

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Kids Korner

Wild Sticks



The designs of these wild creatures were partly inspired by animalitos, brightly-painted sculptures made in Oaxaca, Mexico. Find a fallen branch or stick with distinctive features, such as knots or forks. Clean the stick, and if the bark is loose, remove it. Cover the stick with white acrylic paint and let it dry. The base coat will make your final colors much brighter. Paint your creature. Add yarn hair and tails with tacky glue.

From Family Fun Magazine

Upcoming Training

Minnesota Fathers & Families
Fall Fatherhood Seminar Series:
Beyond 2morrow - Reconnecting

as it sounds! Click [here](#) for a brief job description. If you are interested in joining or would like more information, please contact Tasha Moulton at 507-720-4722 or understandingprevention@gmail.com. For more information about Circle of Parents in general, go [here](#).

Chapter News

The **Brainerd Circle of Parents Chapter** is becoming a great resource for Crow Wing County families. There is a large open group that meets weekly on Thursday evenings for three hours. Each group starts with a potluck and features a free children's program while the parents meet. A second parents' group is offered just for area fathers at the county jail. Regular referrals to the group come from all over the county, including public health, social/case workers, and participating parents. Their 2012 Outstanding Chapter Award was presented during a CAPC (Child Abuse Prevention Council) sponsored training on sexual abuse from STOP IT NOW for the community - which included CEUs. There were approximately 20 participants with several from the Circle of Parents group. Some of this year's Circle of Parents group activities included marching in the July 4th parade, and creating throw-blankets and small recipe books to sell at the 2012 county fair. Participants also hosted a brat sale fundraiser at Cub Foods in Baxter in August. The Brainerd group is such a great example of what a Circle of Parents group can be in any community across Minnesota.

Baby Brain Map

To talk effectively about healthy child development we need tools and information that not only support our arguments, but illustrate them, and offer action steps. A great example of such a tool is ZERO TO THREE's [Baby Brain Map](#). The Baby Brain Map offers users the opportunity to learn about the ways a baby's brain develops at different ages, as well as, "what you can do to enrich a very young child's development." We hope you will spend some time exploring the Baby Brain Map and thinking about how the information available there might be helpful in communities across your state.

After Incarceration. Registration is at www.mnfathers.org.

National Child Protection Training Center Conference *When Words Matter* is happening in October. Learn more [here](#).

Bullying: From Schoolyard to Corporate

Many people today associate the word, "bullying" with schoolyard activity and while bullying is a serious issue that occurs in many of our elementary, middle, and high schools it also occurs on a daily basis in the corporate world. PCAMN's Board Vice President, **Dr. Alan Goodell-Holmes**, will be presenting at a workshop on October 3rd called *Bullying: From Schoolyard to Corporate*. To learn more and to register, please contact Linda J. Etim, MSW, LICSW at 763-503-7233.

Some Quick Links

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