



When we help  
**children**  
do better today,  
we all do better  
**tomorrow.**



**Prevent Child Abuse**  
Minnesota



PCAMN E-Newsletter

January 2012

## Honoring Larene Randle

**Larene Randle**, one of PCAMN's Parent Consultants, was an honoree and award recipient at the Commissioner's Circle of Excellence Awards for her work with our Youth Cafe. We are very proud to watch Larene's work shine in this way. **Thank you Larene!**



## National Parent Leadership Month

### **Governor Dayton will be joining us!**

To promote Parent Leadership Month in Minnesota, Circle of Parents®, a program of Prevent Child Abuse Minnesota, will host an event on **Friday, February 10, 2012** at the Minnesota State Capital in the Great Hall at 12 noon. At the event, we will celebrate the great contributions parents make to our communities by recognizing professionals and parents partnering in Minnesota to build on the strengths of families and prevent child abuse and neglect. Governor Dayton will be joining us to open the celebration.

## Widening the Lens: A Call for Art

### **Widening the Lens: A Call for Stories, Photographs, and Art Telling the Story of Communities Nurturing Children**

*How Does Your Community Nurture Children's Brain Architecture and Build Future Prosperity?* Help inspire Minnesota communities to build on their strengths to create environments where all children get a strong foundation by sharing your stories of success! Send us photos, artwork, and stories that show and tell how your community supports its members in caring for children. Visit our [Call for Art](#) webpage to learn more.

## Webinar: Getting Ready for April

### **Getting Ready for Child Abuse Prevention Month**

Wednesday, February 22, 2012  
11:00 AM - 12:30 PM CST

## In This Issue

[Honoring Larene Randle](#)

[National Parent Leadership Month Call for Art](#)

[Widening the Lens: A Call for Art](#)

[Webinar: Getting Ready for April](#)

[Save the Date: PCAMN Conference](#)

[Focusing on Sexual Abuse](#)

## Coming Events

### **An Evening for the Children**

*Saturday, April 14, 2012*

**PCAMN's Annual Gala** This year's event will take place at the Mendakota Country Club where the food is delicious and the view is splendid. Please plan on joining us for this wonderful event. Our goal is to raise more than \$65,000 for prevention work in Minnesota. Watch for more details [here](#).

## Adolescent Health

This time of year, many of us are thinking about personal health resolutions, such as eating better or exercising more. But it's also an ideal time to consider how we can improve the health and well-being of adolescents. For more than three decades, a national initiative called Healthy People, sponsored by the U.S. **Department of Health and Human Services' Office of Disease Prevention and Health Promotion** (ODPHP), has set national objectives and spurred activities at all levels to

Register [HERE](#).

Join us for a discussion on successful strategies for an energetic and meaningful Child Abuse Prevention Month.

## Save the Date: PCAMN Conference joins forces with Strong Foundations

Mark your calendars for May 30-31 and plan to attend the **Strong Foundations Minnesota's Birth to Three Institute for Healthy Development**. This year, in lieu of hosting our own conference, PCAMN is joining forces with Strong Foundations. As part of the conference, PCAMN and our partners will lead two in-depth institutes over the two days. You may also choose from a variety of other institutes. Watch for details coming soon on their [website](#).

## Focusing on Sexual Abuse

Toward the end of 2011, there was a great deal of focus in the news on the child sexual abuse allegations in Pennsylvania and New York. These stories are very hard to hear about, especially for those of us working in the field of child abuse prevention. As parents and community members, preventing this type of abuse is possible. Here are some notes from our colleagues at **Prevent Child Abuse Pennsylvania**:

"Do not ever forget that the sexual abuse of children is a reality and the perpetrator really can be anyone - even someone who appears to be a fine upstanding person who cares for your child - even a family member, favorite teacher, a coach, the person you're dating or the babysitter."

"What can neighbors and communities do? Say yes to your role as a protector. It is not a child's responsibility to keep him or herself safe - it is up to adults. Keep your eyes open and ears tuned in to all of the adults spending time with kids in your community, and trust your instincts if something does not seem right. If you see the dynamics of a relationship between an adult in your family or community taking a suspicious turn, open the lines of communication with the child and watch the relationship closely."

Feel free to call Prevent Child Abuse Minnesota at 1-800-CHILDREN to learn more about preventing child sexual abuse and other forms of maltreatment.

improve the health of individuals throughout the United States. Adults working with adolescents may want to incorporate some of these objectives into educational, out-of-school, family, and other settings and recognize that their efforts, when joined with those of many others, will help prevent disease and promote health. Learn more [here](#).

## PCAMN Links

**PreventionWorks:** Fall/Winter 2010 Newsletter from PCAMN on Understanding Neglect

**ParentPower:** November 2011 Newsletter from the Parent Leadership Team on "What is Family Culture?"

[PCAMN Website](#)

[Past E-News](#)

## Circle of Parents®



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