

## WHO SHOULD ATTEND

The workshops are geared toward individuals working in family services, child welfare, family courts, parenting education, early childhood development, public health, child support enforcement, fatherhood advocacy, and other social service organizations.

## OBJECTIVES

*Participants will understand:*

- The impact that parents and communities play on early childhood mental health
- Unique contributions of fathers to young children's well-being
- Evolving views on fathers and attachment
- Lessons from the field
- Resources available for practitioners to support healthy parent-child interactions
- Actions individuals and communities can take to support families in nurturing child mental health
- The World Café model for hosting conversations on this topic and others

## MINNESOTA FATHERS & FAMILIES NETWORK

enhances healthy father-child relationships by promoting initiatives that inform public policy and further develop the field of fatherhood practitioners statewide. Learn more at [www.mnfathers.org](http://www.mnfathers.org).



## PREVENT CHILD ABUSE

MINNESOTA'S mission is to prevent child abuse and neglect by promoting positive parenting, healthy families, and supportive communities where children are respected and valued.



MINNESOTA DEPARTMENT OF HUMAN SERVICES CHILDREN'S TRUST FUND works to strengthen Minnesota families by promoting protective factors.



**Prevent Child Abuse**  
Minnesota  
Prevent Child Abuse Minnesota  
1821 University Avenue, Suite 202-S  
Saint Paul, Minnesota 55104

## 2008 REGIONAL MEETINGS AND FATHERHOOD SERIES

# Engaging Fathers in Supporting Healthy Development of Young Children



*"For infants, toddlers and preschoolers, the influences of their parents, extended family, child care staff, and others with whom they have regular contact profoundly impact their emotional, cognitive, and social development."*

National Research Council  
and Institute of Medicine, 2000



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Saint Paul, MN

## LOCATIONS AND DATES

Bemidji	Friday, October 3, 10:00–3:00pm Beltrami Electric Cooperative Community Room 4111 Technology Drive NW Bemidji, MN 56601
Little Falls	Tuesday, October 7, 10:00–3:00pm Initiative Foundation Community Room 405 First Street SE Little Falls, MN 56345
Albert Lea	Friday, October 10, 10:00–3:00pm Riverland College Lecture Hall 2200 Riverland Drive Albert Lea, MN 56007
Litchfield	Tuesday, October 21, 10:00–3:00pm Meeker County Cooperative 1725 US HWY 12 East Litchfield, MN 55355
Metro/ Twin Cities	Tuesday, October 28, 10:00–3:00pm McKnight Foundation Board Room 710 South 2nd Street, Suite 400 Minneapolis, MN 55401
Duluth	Friday, November 7, 10:00–3:00pm University of Minnesota Duluth Garden Room Kirby Student Center 1120 Kirby Drive, Duluth, MN 55812
Alexandria	Friday, November 21, 10:30–3:30pm <i>(note the later start time)</i> Douglas County Library Meeting Room 720 Fillmore, Alexandria, MN 56308

## TOPICS TO BE COVERED

### RESEARCH AND THEORY

- Broad strokes: Framing parent-child mental health, birth-to-three
- Focus on research about fathers and early childhood mental health
- Focus on mental health community support for parents

### PRACTICE AND RESOURCES

- Principles for working with men as clients and colleagues in the field
- Practitioner resources available through our networks
- Community resources for engaging men and parents in early childhood development
- Tips for action

*“Mental health, like physical health, is an essential part of a person’s identity. Like physical health, mental health moves back and forth along a continuum throughout life, beginning during prenatal development.”*

Child, Youth and Family Consortium,  
University of Minnesota, 2002



## REGISTRATION

### REGISTER ONLINE

Please register online at [www.pcamn.org](http://www.pcamn.org). You may choose to pay online with a credit card or at the door with a check. Regardless of how you'd like to pay for the workshop, please register online at [www.pcamn.org](http://www.pcamn.org), and remember to register no later than one week prior to the event.

### COST

The workshops are free to members of Minnesota Fathers & Families Network, Child Abuse Prevention Councils, Early Childhood Initiative, Thrive Initiative, and Circle of Parents®. Non-members are asked to pay a \$20.00 registration fee (includes a Certificate of Attendance, snacks, and handouts). *All paid registrants will be offered one year of free membership with MFFN. See [www.mnfathers.org/members.html](http://www.mnfathers.org/members.html) for details about membership benefits.*

### DETAILS / QUESTIONS

Call PCAMN at (800) 621-6322 or email us at [pcamn@pcamn.org](mailto:pcamn@pcamn.org).

Certificates of Attendance  
will be available.



*“Father involvement is related to positive mental health outcomes for children even after controlling for mother involvement.”*

Rob Palkovitz, Glen Palm,  
and Jane Ellison, 2008

## COLLABORATIVE PARTNERS

ST. CLOUD STATE UNIVERSITY

MINNESOTA EARLY CHILDHOOD



INITIATIVE

*a campaign for our youngest children*