

# 2008 Conference

## Prevention Works:

### Igniting Change for Families – April 23 and 24

#### *conference tracks*

- ◆ child abuse and culture
- ◆ parent leadership

- ◆ institutes for healthcare professionals
- ◆ self-care for parents & professionals
- ◆ research to support our work

#### *highlights and standout sessions*



**Prevent Child Abuse**  
Minnesota



#### *Using Diversity as Best Practice, not Political Correctness*

##### **KEYNOTE ADDRESS FROM JUDGE WILLIAM A. THORNE, JR.**

Solutions are imbedded within the problems we face. If we are not finding solutions it may be because we can't see them from where we are standing. Real working partnerships with persons of differing perspectives create an opportunity to find the solutions to problems that we are unable to solve alone. Judge Thorne is a member of the Utah Court of Appeals. Previously, he served as a state trial judge for 14 years. For 20 years, he served as a tribal court judge in several Western and Midwestern States. He is currently president of the National Indian Justice Center and chairs the Racial and Ethnic Fairness Commission for the State of Utah. Judge Thorne is a member of the Executive Committee for the National Court Appointed Special Advocates, the North American Council of Adoptable Children and the Evan B Donaldson Adoption Institute. Judge Thorne is a Pomo Indian.

#### *Cultural Strengths in Raising Healthy Children*

##### **WORKSHOP WITH UNIVERSITY OF MINNESOTA PROFESSOR PRISCILLA DAY**

This workshop will present data from interviews with American Indian elders and community members in northern Minnesota about the elements necessary to raise healthy children in a healthy manner. Dr. Day will present the information from a personal perspective using her own family experiences to illustrate key points.

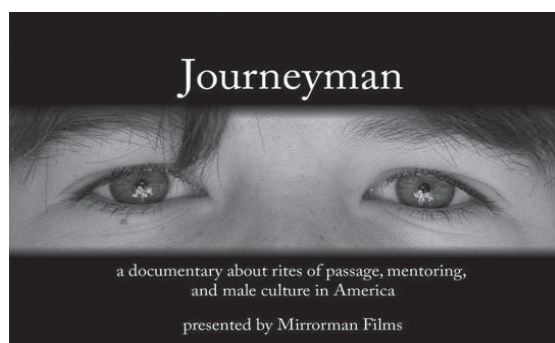


#### *Countering Normalization of Sexual Harm*

##### **WEDNESDAY INSTITUTE WITH PREVENTION CONSULTANT CORDELIA ANDERSON**

We all live in a sexually toxic society. We are affected to varying degrees from the resulting normalization of sexual harm in both our personal and professional lives. This Institute focuses on four factors that feed the problem (technology, pornography, commercialization and marketing to children and hyper-sexualized mainstream media).

##### **A NEW FILM FROM MIRRORMAN FILMS**



##### **A K-2 BULLYING PLAY FROM CLIMB THEATRE**

#### *B.U.D. and the Bully*

Tye has a problem. A bully named Alex and his friend pick on him, tease him and make his school life miserable. Back-Up Dog, a super pup in training, sees that Tye's passive behaviors make him a target for bullies and teaches Tye to stand up straight, look the bully in the eye, and speak with a strong voice. Tye finds that he can turn a bullying situation around by asking questions, pretending to agree, and giving compliments.



# track key

- Track CC: Child Abuse and Culture
- Track CP: Community Prevention
- Track HC: Family Support and Prevention in Healthcare
- Track MC: Making Connections – Related Social Issues
- Track PL: Parent Leadership
- Track RS: Research to Support Our Work
- Track SC: Self Care for Parents and Professionals

# locations

**Continuing Education & Conference Center**  
 University of Minnesota – Saint Paul Campus  
 1890 Buford Drive, Saint Paul, Minnesota 55108  
 (612) 624-3275  
 Wednesday Institutes I – IV and our Thursday Conference take place at this location.

**Radisson Hotel Roseville**  
 2540 North Cleveland Avenue  
 Roseville, Minnesota 55113  
 (651) 636-4567  
 Wednesday Institute V and our evening Gala take place at this location.

# hotel options

**Days Inn Roseville**  
 2550 North Cleveland Avenue  
 Roseville, Minnesota 55113  
 (651) 636-6730  
 Reserve by March 23 for Conference Discount  
 Does not provide a shuttle to the Conference

**Holiday Inn Express**  
 2715 Long Lake Road  
 Roseville, Minnesota 55113  
 (651) 636-5800  
 Reserve by April 15 for Conference Discount  
 Provides a shuttle to the Conference

**Radisson Hotel Roseville**  
 2540 North Cleveland Avenue  
 Roseville, Minnesota 55113  
 (651) 636-4567  
 Reserve by April 9 for Conference Discount  
 Provides a shuttle to the Conference

# days at-a-glance

## Wednesday, April 23

At the Continuing Education Center:

- 10:00 A.M. – 3:00 P.M. Institute I – Wakanheza: Train-the-Trainer (lunch on your own)
- 12:30 – 5:30 P.M. Institute II – Parent Cafes
- 1:00 – 4:00 P.M. Institute III – Cultural Concerns Around Child Abuse and Prevention
- 1:00 – 4:00 P.M. Institute IV – Countering Normalization of Sexual Harm

At the Roseville Radisson Hotel:

- 2:30 – 3:45 P.M. Institute V  
Prevention Resources for Healthcare Professionals
- 4:00 – 6:00 P.M. Institute VI  
Wakanheza for Healthcare, Business, and Legal Settings
- 6:00 – 9:00 P.M. Benefit Gala  
Reception/Silent Auction  
Dinner and Program  
Judge Thorne  
Blue Ribbon Awards  
Live Auction

## Thursday, April 24

At the Continuing Education Center:

- 8:00 – 9:00 A.M. Registration, Exhibits Networking
- 9:00 – 9:15 A.M. Welcome  
Connie Skillingstad
- 9:15 – 9:30 A.M. Igniting of the Children’s Fire
- 9:30 – 10:30 A.M. Keynote  
Judge Thorne
- 10:30 – 10:45 A.M. Break
- 10:45 – 11:45 A.M. Plenary and Panel Discussion  
Dr. Priscilla Day
- 11:45 – 12:45 P.M. Lunch, Exhibits & Networking
- 12:45 – 2:15 P.M. Breakout Session A  
Eight workshops
- 2:15 – 2:30 P.M. Break
- 2:30 – 4:00 P.M. Breakout Session B  
Eight workshops
- 4:05 – 4:45 B.U.D. and the Bully  
Climb Theatre Co.

# committee

- Dr. Bergina Brickhouse, Mayo Clinic
- Yvonne Cournoyer, Stop It Now! Minnesota
- Becky Dale, PCAMN
- Sara Dahlquist, STARS
- Theresa Davis, Children’s Trust Fund
- Maureen Fuchs, Minnesota Department of Health
- Elaine Hoffman Holstine, MD
- Jane Hunt, Partners for Violence Prevention
- Judi Linder, University of Minnesota
- Alice O. Lynch, PCAMN
- Brittany McBeath, PCAMN
- Donna McDonald, Alliance for a Violence-Free Anoka County
- Elizabeth Melton, JD
- Ruth Olthoff, Dakota County Public Health
- Ginny Rudloff, CASA MN
- Connie Skillingstad, PCAMN

# sponsors



# ◆ wednesday april 23 institutes ◆

## **Institute I 10:00 am to 3:00 pm**

**The Wakanheza Project: Train-the-Trainer**  
*Donald Gault – Ramsey County Department of Public Health; Barb Sorum, Senior Program Coordinator and Joan Johnson, Northeast Program Coordinator – Prevent Child Abuse Minnesota*

Wakanheza is the Dakota word for child; in English its translation is “Sacred Being”. In communities across the United States, the power of the word Wakanheza has been combined with simple principles and practices that change the way we act toward children, young people, families and each other. Wakanheza Project strategies have changed the environments and experiences of people in museums, schools, libraries and other community places. Creating more welcoming environments can effectively prevent challenging situations from occurring between parents and children. Bring this exciting community prevention effort to your community! This workshop will prepare you to teach others about Wakanheza. **Track CP**  
**Please note that lunch is on your own, and the Conference Center Cafeteria will be open.**

## **Institute II 12:30 to 5:30 pm**

**Parent Cafés: Strengthening Families Together**  
*Lina Cramer , Sr. Consultant and Renee Jackson, Director of Training – Illinois Family Partnership Network; Roxy Foster, Coordinator of Civic Parent Leadership – Prevent Child Abuse Minnesota*

As parents, we have the wisdom and resources inside of us to strengthen our families, but sometimes it helps to talk about it with other parents. Love Is Not Enough Parent Cafés are a new way to have conversations with other parents about what it takes to keep our own families strong. Together, parents come up with the solutions to our problems and resolve difficult family issues while building deep, useful friendships along the way. Love Is Not Enough Parent Cafés are safe places to talk about the “hard stuff” with parents leading the discussions. **Track PL**

**Please eat lunch before you come since this institute begins at 12:30 p.m. The Conference Center Cafeteria will be open.**

## **Institute III 1:00 to 4:00 pm**

**Cultural Concerns Around Child Abuse and Prevention**  
*Ann Ahlquist, Independent Consultant and Alice O. Lynch, Metro Program Coordinator with Circle of Parents®*

This institute will explore cultural competence as a means of appreciating how workers need to move from cultural awareness to cultural sensitivity before they are able to achieve cultural competence. It will also explore how to evaluate growth and development throughout the different levels of cultural competence practice. **Track CC**

## **Institute IV 1:00 to 4:00 pm**

**Countering Normalization of Sexual Harm**  
*Cordelia Anderson, Independent Consultant*

We all live in a sexually toxic society. We are affected to varying degrees from the resulting normalization of sexual harm in both our personal and professional lives. This institute defines key terms such as: normalization of sexual harm, child sexual exploitation (five types), sexually toxic society, compliant victimization and sexual objectification. It focuses on four factors that feed the problem (technology, pornography, commercialization and marketing to children and hyper-sexualized mainstream media). The session features studies that show the negative impact on children, youth, and society. It also includes specific prevention actions and strategies for social change. **Track MC**

**Institutes I – IV take place at the Conference Center**

## **Institute V**

**2:30 to 3:45 pm**

**Child Abuse and Neglect Prevention Resources and Actions for Healthcare Professionals**  
*Brittany McBeath, Prevention Program Coordinator and Connie Skillingstad, Executive Director – Prevent Child Abuse Minnesota*

Starting from the real-life questions of a Family Practice Doctor, we will address child abuse and prevention situations health care providers encounter. Participants will go away with a list of resources and a toolkit for strengthening families. **Track HC**

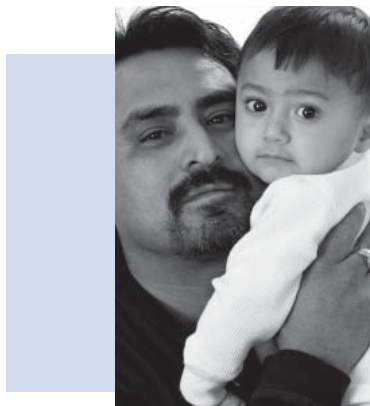
## **Institute VI**

**4:00 to 6:00 pm**

**Wakanheza for Healthcare, Business, and Legal Settings**  
*Donald Gault – Ramsey County Department of Public Health; Brittany McBeath, Prevention Program Coordinator – Prevent Child Abuse Minnesota*

Wakanheza is the Dakota word for child; in English its translation is “Sacred Being”. In communities across the United States, the power of the word Wakanheza has been combined with simple principles and practices that change the way we act toward children, young people, families and each other. This workshop will prepare you to create a welcoming environment in your work setting. **Track HC**

**Institutes V and VI take place at the Roseville Radisson**



# ◆ thursday april 24 workshops ◆

## Breakout Session A: 12:45 to 2:15 pm

### Workshop A1: Planning for the Seventh Generation: What does it take to raise a healthy Anishinaabe child?

*Priscilla Day, Professor, Ed. D. – University of Minnesota Duluth*

This workshop will present data from interviews with American Indian elders and community members in northern Minnesota about the elements necessary to raise healthy children in a healthy manner. Dr. Day will present the information from a personal perspective using her own experiences to illustrate key points.



Track CC

### Workshop A2: Cradle to Prison Pipeline

*Norma Bourland – Children's Defense Fund of Minnesota*

A report recently released by the Children's Defense Fund, entitled, *America's Cradle to Prison Pipeline*<sup>®</sup>, documents an urgent national crisis at the intersection of poverty and race that puts Black boys at a one in three lifetime risk of going to jail. Minnesota is at this intersection with some of the widest disparity rates between the poverty of Black and White children in the nation, thus feeding this horrible pipeline. Come to this workshop and receive an overview of this report, hear from a panel of local experts on juvenile justice, poverty and race, and be given the opportunity to be part of the national Cradle to Prison Pipeline Campaign. Track CC and CP

### Workshop A3: "Journeyman" from MirrorMan Films



*Dr. Michael Obsatz, Professor Emeritus – Macalester College*

"Journeyman" is a one-hour documentary from MirrorMan Films that follows Joe and Mike, two adolescent boys struggling with depression and violence, who join a mentoring program. As they work with male mentors they face challenging rites of passage, discover their inner strength, and learn to engage with a community of supportive men. Track MC

### Workshop A4: Introduction to "Love is Not Enough" Parent Cafés

*Lina Cramer, Sr. Consultant and Renee Jackson, Director of Training – Illinois Family Partnership Network*

Love is Not Enough Parent Cafés bring parents together to share their insights and wisdom about what parents can do to take care of themselves, raise strong children, and build good relationships with their children. This workshop will review the rationale for Parent Cafés as well as provide an opportunity to experience how cafes operate. Parent leaders from Minnesota will assist in hosting the Café conversations. Track PL

### Workshop A5: What Are You Thinking? How Are You Breathing?

*DeeAnn Gieseke, Qigong Guide – Integrative Health*

Come and witness how your words and thoughts produce energy and movement. Participate in a breathing meditation and experience the healing power of breath. Restore energy to your body and promote peace and harmony within. This session will provide ideas for self-care and ideas to share with others. Track SC

### Workshop A6: Supporting Hands Nurse-Family Partnership

*Katie Jensen, PHN and Wende Davis, PHN – Supporting Hands*

The Nurse-Family Partnership is an evidenced based, nurse home visiting program that serves first-time, low-income women and their children. When the elements of the NFP model are followed, agencies can expect comparable results to those found in the research, one of which is a reduction in child abuse and neglect. Track CP and HC

### Workshop A7: Community Child Abuse Prevention in Action

*Karin Mack, Director – RSVP Volunteers United*

According to 2005 data, Big Stone County has one of the highest per capita rates of child abuse determinations in Minnesota. In May of 2006, community members decided to take action by re-vitalizing their Child Abuse Prevention Council. They started with four members and are now up to 23, most of whom are quite active. They have implemented many programs including initiatives in the schools, a Circle of Parents<sup>®</sup> Chapter, and prevention forums. They are currently identifying existing services and gaps in service to enhance the 5 Protective Factors for families. We'll share their experience and excitement in this workshop. Track CP

### Workshop A8: Researching Child Welfare – Data Matters

*Mira Swanson, MSW Student and Graduate Research Assistant and Danielle Meehan, MSW Student and Graduate Research Assistant and Anita Larson, Research Fellow – Center for Advanced Studies in Child Welfare*

This session discusses the importance of data when working with child abuse. Data application is illustrated by two studies: graduation and economic outcomes for teens involved with child protection and the effects of home visiting nurses on teen mothers. Study limitations, future research, and policy/practice recommendations will be addressed. Track RS

All Thursday April 24 Events and Workshops  
take place at the Conference Center

raising spirits ◆ inciting hope

## Breakout Session B: 2:30 to 4:00 pm

**Workshop B1: Para Los Niños Children's Museum Programming for Positive Parenting** *Carlos Gallego, Director of Community Partnerships and Herlinda Perez, Para los Niños Coordinator – Minnesota Children's Museum; Sylvia Pichardo, Latino Children/Parents Program Coordinator – La Oportunidad, Inc.*

Para los Niños provides eight themed parent/child workshops for Spanish-speaking immigrants and low-literate families with 0-8 year-old children. Information provided supports parent's ability to assist children at home and school. Parents learn inexpensive activities to do with their children reinforced by take-home activities. Topics include Self-Esteem and Family Communication. **Track CC and CP**

**Workshop B2: Preventing Child Sexual Abuse in Organizations Serving Children and Families** *Angie Scott, JD, Forensic Interview Specialist – The National Child Protection Training Center*

In order to effectively prevent sexual abuse of children, we must understand how people who sexually abuse children enter into and operate within organizations that serve children. This workshop will focus on policies and procedures organizations can implement to deter those who would harm our children. **Track MC**

**Workshop B3: Counting and Serving Never Married Families** *Paul Masiarchin, Minnesota Fathers and Families Network and Rose Allen, University of Minnesota Extension Service*

Unmarried parents lead one-quarter of Minnesota's families with children. Across the U.S., 20% of custodial fathers and 30% of custodial mothers have never been married. In this session, learn key findings from the national Fragile Families and Child Wellbeing Study. Learn what factors help keep fathers involved over the long haul such as relationship issues, co-parenting styles, and support for children. Discuss local practices that are transforming the nature of healthy father-child relationships. **Track CP and MC**

**Workshop B4: Children's Justice Initiative - Alcohol and Other Drugs Project** *Carole Wilcox Johnson, Children's Services Supervisor of Prevention and Research, Jackie Crow Shoe, Social Services Program Consultant, Ruthie Dallas, Women's Services Consultant in Chemical Health – Child Safety and Permanency Division Minnesota Department of Human Services; Tiffany Hunsley, CJI-AOD Parent Consultant*

This session provides an overview of the Children's Justice Initiative – Alcohol and Other Drugs Project, shares results from statewide parent focus groups about the court process, child protection and chemical health systems, and suggests two models that can offer possibilities for involvement of parents in system change at the local level. The CJI-AOD Project focuses on the need for parents to be engaged earlier in the process of chemical health assessment, treatment and recovery in order to best achieve child safety and permanency and family stability. In addition, the importance of

developing collaboration between government agencies and parents is highlighted. When parents become involved in collaborative efforts to make systemic changes, improvements in best practices and individualized planning and services can better be accomplished.

**Track CP and PL**

**Workshop B5: The Health Realization Model of Prevention and Treatment** *Oscar Reed, Community Consultant and former Minnesota Viking*

The Health Realization Model of Prevention and Treatment is a simple, common sense eminently practical way of teaching people the relationship between their thinking and their experiences. It does not tell people how to think or what to think . . . it simply gives them an "owner's manual for the mind" so they are able to tell when their thinking is in their best interest and when it's not. **Track SC**

**Workshop B6: Partnering on Safety; Letting Go of Our Solutions** *Michelle Selinger, Child Protection Supervisor; Sherry Amelse, Family Assessment Social Worker & Diane Wickenhauser, Intake Social Worker – Carver County Community Social Service*

Have you ever envisioned a child protection system that actually focused on what's going well for clients and turns that into a way to work with families from the beginning of the first call? This system has previous child protection clients now asking for help for those in need. **Track CP**

**Workshop B7: There Are Many Pieces – What Pulls Them Together?** *Gerry Buse, Weekend Consequential Camp Coordinator; Theresa Hernandez, Facilitator/Interpreter – Watonwan County Human Services; Circle of Parents®*

This program is designed to help kids avoid out of home placements and improve self-esteem, self-control and self discipline by holding them accountable for their actions. Parents and schools become empowered to enforce rules and consequences through a one year follow-up support and mentorship program. **Track CP**

**Workshop B8: Creating, Funding and Evaluating Parent Support Groups** *Bergina Brickhouse, M.D. and Amir Isbell, Research Fellow – Mayo Clinic Department of Psychiatry; Barb Sorum, Senior Program Coordinator – Prevent Child Abuse Minnesota/Circle of Parents®*

There are many advocacy projects that are worthy of funding. Identifying and applying for grants and aid from funding resources can be a more daunting task. This workshop will discuss a current research project co-sponsored by Prevent Child Abuse Minnesota Circle of Parents® and The Mayo Clinic Department of Psychiatry. It will also use this project as an example when locating grant opportunities, including refining the project, identifying funding resources, and creating an exciting overview page of a project for funders. This workshop will also include information about how to develop parent support groups on the Circle of Parent® mutual self-help model. **Track RS**

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◆ *encouraging action* ◆

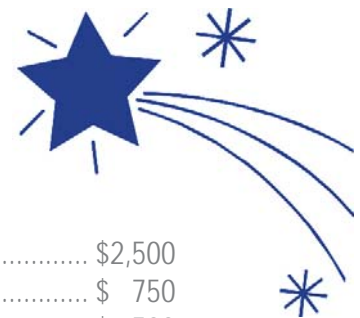


**Prevent Child Abuse  
Minnesota**



*an evening  
for the children*  
*wednesday april 23*  
*a benefit gala*

*Please join us for an exciting evening of inspiration and fun as we listen to Judge William A. Thorne, Jr. speak about his experiences promoting child abuse prevention, witness an entertaining Elvis impersonation, and celebrate our 2007 Blue Ribbon County winners. This is a benefit for Prevent Child Abuse Minnesota.*



**LOCATION**

Radisson Hotel, Roseville, Minnesota

**BENEFIT EVENTS**

Reception and Silent Auction..... 6:00 pm  
Dinner and Program ..... 7:00 pm  
Judge Thorne  
Live Auction and Entertainment

**TABLES OF EIGHT**

Blue Ribbon Patron ..... \$2,500  
Friend and Sponsor ..... \$ 750  
Non-Profit Partner..... \$ 500

**INDIVIDUAL TICKETS**

Contributor ..... \$100  
Non-Profit Colleague ..... \$ 65

**TICKET RESERVATIONS CALL (651) 523-0099**

Please note that seating is limited. Tickets must be ordered by Friday, April 18. For more information or to purchase tickets, please call Connie Skillingstad at Prevent Child Abuse Minnesota (651) 523-0099 or (800) 621-6322. Visit [www.pcamn.org](http://www.pcamn.org).

**Early Bird  
Registration  
April 1, 2008**



**Registration  
Deadline  
April 18, 2008**

◆ *conference registration* ◆

**Prevention Works: Igniting Change for Families  
Wednesday and Thursday, April 23 and 24, 2008**

**Full Conference Package**

Includes the Wednesday Institutes, the evening dinner and Gala, and the full Conference on Thursday:

\$185 received on or before April 1

\$205 received after April 1

Additional donations to our scholarship fund are welcome.

**Partial Conference Packages**

Wednesday April 23 Institutes only:

\$40 (no early bird rate)

Evening Gala only:

\$100 (contributor)

\$ 65 (nonprofit partner)

Thursday April 24 Conference only:

\$ 90 received on or before April 1

\$110 received after April 1

**Register Online at**

[www.logiforms.com/formdata/user\\_forms/16592\\_5292381/57433](http://www.logiforms.com/formdata/user_forms/16592_5292381/57433)

**Scholarships:** Partial scholarships are available on a first-come, first-served basis for students, Circle of Parents® participants, and Parent Leaders. Please contact Brittany McBeath at (651) 523-0099 or (800) 621-6322 if you would like to request a scholarship. While we need to charge fees in order to cover the costs of the conference, we do not want to exclude anyone on the basis of ability to pay. If the conference fee would keep you from attending, please contact us at (651) 523-0099 or (800) 621-6322.

**Cancellation policy:** If you cannot attend the conference for any reason, you may cancel your registration on or before April 18, 2008. Substitutes for registered attendees may be made without penalty. All cancellations are subject to a \$25.00 processing fee. After April 18, 2008, there will be no refunds for cancellations. All refunds will be issued after May 5, 2008.